

## Erasmus Staff Visit Feedback Report

Name: Dr Rick Fisher

Host University visited: Helsinki Metropolia University

BU School: Health and Social Care

Country visited: Finland

Type of visit : *Teaching*

Dates of visit: 12-18 march 2011.

<b>Brief Summary of Purpose of visit</b>	To engage with and participate in a multi-national programme for nurses in education
<b>Please provide a sentence which gives your overall impression of your international visit</b>	An extremely well-organised and varied visit; giving huge insight into approaches to nurse education from a variety of countries, from Europe and beyond.
<b>What was the best thing about your experience?</b>	The opportunity to network with nurse teachers from around the world.
<b>How has this overseas experience benefited you in terms of your future professional development?</b>	I have been able to use this as a platform from which I can launch research collaboration.
<b>If you had the chance would you return to this country / city?</b>	Yes
<b>Would you recommend your experience to other staff?</b>	Yes
<b>What are the top 5 best things about the country / city that you visited?</b>	<ul style="list-style-type: none"> <li>• Openness of people</li> <li>• Ease of access from Helsinki airport</li> <li>• English is widely spoken and easily understood</li> <li>• Finnish hospitality is exceptional -try 'sauna'</li> <li>• The opportunity to experience a culture that is very different from my own.</li> </ul>
<b>Which places of interest would you recommend other staff?</b>	Helsinki city. The closed markets in winter
<b>What was the shopping like? Was it easy to buy the type of food you liked?</b>	Shopping is good but many items are expensive. Supermarkets have everything that is familiar to UK tastes and much more.