

Developing Minor Injury Care

The Centre for Practice Development (School of Health & Social Care) is offering the opportunity for healthcare professionals to complete a short course, for your continuing professional development, in the treatment of minor injuries.

Delivered over a series of three study days, you will cover the clinical management of injury to lower limbs, upper limbs and specialist topics covering most common minor injuries.

- **16, 17, 18 February 2010**
- **8, 9, 10 June 2010**

You are free to attend one, two or all three days in any order on any dates, subject to availability of places.

Delivered at:

Bournemouth University,
Royal London House,
Christchurch Road,
Bournemouth, BH1 3LT

www.bournemouth.ac.uk/cpdhealth

Course Details

Who is it for?

These study days are ideal for any health practitioners who provide care for people with minor injuries, such as those working in A&E, Minor Injuries Units, Walk-in Centres, Radiologists, Primary Care, Urgent Care Centres, School Nurses and Occupational Health.

The study days are intensive and will provide practical hands on workshops conducting a physical examination using anatomy palpation and surface marking on each system. Your learning will involve an in-depth examination using the look, feel, move and special technique approach, investigations, treatment and discharge advice. Using the latest evidence based knowledge/practice, you will put into practice your clinical reasoning skills as the ability to discriminate between presenting problems is the core behind successful treatment and recovery.

Common to the study days will be:

- Review of relevant anatomy and physiology of injury
- Obtaining a history
- Physical examination
- Investigations, including indication for radiography
- Treatment
- Safe Discharge/referral

Cost

The cost for a single day is £120 with a discount for people registering for all three days. The fees include comprehensive teaching booklets and handouts.

Gain Academic Credit

Any person who attends all three days of 'Developing Minor Injury Care' is eligible to register for **20 academic credits at degree level** at the rate of £222. To gain academic credit you need to complete a practice competence portfolio and successfully undertake the Objective Structured Clinical Examination (OSCE). Both assessments are based on the study days and the practice evidence, and are graded by the Minor Injury CPD course team.

To help prepare you there will be an induction and assessment support days at Bournemouth University. These days will comprise minor injury refresher, support for compiling your portfolio and OSCE examination practice. You will also be given access to on-line and paper-based materials.

What will I get out of it? You will:

- Refresh, refine and review your existing skills
- Achieve a Bournemouth University approved certificate of attendance
- Be in control of your own learning, as a result of the flexible mode of study
- Have the opportunity to gain academic credit to put towards a degree
- Experience a range of learning techniques
- Learn with participants from different professional backgrounds

Bespoke CPD Short Courses

We are able to offer the Minor Injury Care short course in full or in part, at a time and place to suit you. We can accommodate anything from 1 to 20 attendees and will work with you to provide a tailor made course delivered by practical clinical experts to match your service needs. Please contact us directly to discuss your requirements (contact details on back cover).

Workshop programme

Developing Minor Injury Care

Day 1 9.00am – 5.00pm	Minor Injury Specialist Topics
Focusing on Documentation, Soft Tissue Injury/Management, Minor Head Injuries, overview of common Ophthalmic presentations, Tendon Injuries of the Lower Arm and Hand, an overview of Wounds & Management.	
Day 2 9.00am – 5.00pm	Lower Limb
Concentrating on common injuries of the Toes, Feet, Ankles, Shin, Knee and Thigh.	
Day 3 9.00am – 5.00pm	Upper Limb
Concentrating on common injuries of the Fingers, Hands, Wrist, Forearm, Elbows, Upper Arm and Shoulders.	

You are free to attend one, two or all three days in any order on any dates, subject to availability of places.

Please note that each day is run on the condition that there a minimum of 10 participants.

Notice of future dates will be sent if a study day has to be postponed.

Booking form

Developing Minor Injury Care Study Days

School of Health & Social Care, Bournemouth University

Delegate details			
Name:			
Job Title:			
Organisation:			
Address:			
Post Code:			
Phone No:		Email:	
Special dietary or access requirements:			
Booking Details: (please circle the relevant date/dates)	February 2010 <ul style="list-style-type: none">▪ 16 February - £120▪ 17 February - £120▪ 18 February - £120 (Full course £330)	June 2010 <ul style="list-style-type: none">▪ 8 June - £120▪ 9 June - £120▪ 10 June - £120 (Full course £330)	
	For multiple bookings please photocopy this form and return to the address below stating primary contact name.		

Payment methods		
Cheque: Payable to 'Bournemouth University'		
Credit or Debit Card - please supply the following details:		
Card type & number:		
Valid from:	Expiry date:	Switch issue no:
Cardholder name:		Card Security Code:
Signature:		Date:

Please email, post or fax your completed booking form (and cheque if applicable) to:		
Mary-Ann Robertson Centre for Practice Development Bournemouth University Royal London House Christchurch Road Bournemouth, BH1 3LT Tel: +44 (0) 1202 962797 Email: mrobertson@bournemouth.ac.uk		Cancellations must be made in writing. Fees are non-refundable. Substitute delegates are welcome at no extra charge but must be confirmed by email or fax before the event. Confirmation and joining instructions will be sent on receipt of booking form.
Office Use only	Account Code	Activity Code

For further information on any of the courses detailed in this leaflet, please email Mark Harmsworth, Senior Lecturer and Practitioner for A&E at mharmswo@bournemouth.ac.uk