

Physical Health in Mental Health Settings

Two Day Course

This course will enable you to gain understanding of the physical care needs of clients with mental health concerns.

The sessions will include explanation and discussion covering:

- Anatomical and physiology mechanisms – to aid understanding of nursing care responses/rationales
- Assessment and goal setting process (including risk assessment tools)
- How to respond in terms of nursing care – evidence based guidelines
- How to evaluate effectiveness

Dates:

2009	July	Wednesday 22 nd and 29th
	September	Wednesday 9 th and 16th
	November	Wednesday 11 th and 18th
2010	January	Wednesday 13 th and 20th
	March	Wednesday 10 th and 17th
	May	Wednesday 12 th and 19th

Time: 9am to 5pm (tea/coffee will be provided)

Venue: University College Yeovil, 91 Preston Rd
Yeovil BA20 2DR

To Book: Contact your Education Lead

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Timetable

Day (1):

- 09:00 to 11:00 hrs: Introduction
Care of clients with Diabetes Mellitus
- 11:00 to 11:15 hrs: Refreshment break
- 11:15 to 13:15 hrs: Care of clients with cardiac problems
- 13:15 to 13:45 hrs: Lunch break
- 13:45 to 15:00 hrs Care of clients with respiratory problems
- 15:00 to 15:15 hrs Refreshment break
- 15:15 to 16:30 hrs Interpreting common blood results
- 16:30 to 17:00 hrs Review/summary

Day (2):

- 09:00 to 11:00 hrs: Assessing and responding to clients with neurological problems
- 11:00 to 11:15 hrs: Refreshment break
- 11:15 to 13:15 hrs: Care of clients who are dying/requiring palliative care
- 13:15 to 13:45 hrs: Lunch break
- 13:45 to 15:00 hrs Assessing and responding to clients with nutritional and hydration needs
- 15:00 to 15:15 hrs Refreshment break
- 15:15 to 16:30 hrs Infection control
- 16:30 to 17:00 hrs Review/summary

Facilitators:

- Mark Gagan Senior Lecturer
Nikki Glendening Senior Lecturer