



**Bournemouth  
University**

**Welcome**  
*to your home*  
#BelongatBU

# Orientation Day 25 January 2023

9-11am

## **Introduction and welcome**

Lees Lecture Theatre

Formal Welcome from the Vice-Chancellor,  
Professor John Vinney

Practical information about settling into  
life in Bournemouth

Introduction to support services

Immigration compliance

SUBU (The Students' Union at BU)

British Law and Personal Safety  
(Campus Police).

11-11.30am

## **Coffee break**

Refreshments provided in the foyer.

11.30am-12.30pm

## **Workshop 1**

Choose from a selection of four workshops.  
All workshop details are on the next page.

12.30-2.30pm

## **Lunch break and Information Fair**

You'll find a variety of catering outlets on  
campus where you can buy food or you can  
bring your own lunch with you.

12.30-2.30pm

## **Information Fair**

Student Centre, Ground floor and 5th floor

Talk to staff from support services and  
find out about a range of extra-curricular  
opportunities that are available to  
you: SportBU, SUBU, Clubs & Societies,  
Faith and Reflection, Student Wellbeing,  
Additional Learning Support and more.  
Don't forget to collect your ticket for the  
afternoon tea from the Information Fair!

2.30-3.30pm

## **Workshop 2**

Choose from a selection of four workshops.  
All workshop details are on the next page.

3.45-4.45pm

## **Workshop 3**

Choose from a selection of four workshops.  
All workshop details are on the next page.

5-6pm

## **Afternoon Tea**

Fusion Building, Ground floor

Join us for a traditional British afternoon  
tea (sandwiches, cakes and tea/coffee). A  
chance to meet and chat to staff and other  
international students. Please collect a  
ticket at the Information Fair at lunchtime  
to guarantee your seat.

## **Workshop choices**

There are 4 workshops. Each is repeated 3 times, at 11.30am, 2.30pm and 3.30pm. (You need to choose 3 out of 4 workshops, according to what is most useful for you).

### **1. Careers support, part-time job opportunities and skills development at BU Lees Lecture Theatre**

Find out about the many ways in which the Careers team can support you. You'll get tips about how to search for a part-time job and information about National Insurance and immigration restrictions related to your Student Visa. Plus, we'll tell you about other careers-related workshops, services and activities that you can access later in the term if you need to.

### **2. Saving money and cooking on a budget Barnes Lecture Theatre**

This workshop will give you some tips and ideas on how to save money and cook on a budget. We will provide you with a list of places where you can get your groceries, different local supermarkets, and the range of prices that you can find. As cooking is always a good way to save money, we will give you some examples of simple recipes that you can make and how to store them. You will also learn how to plan your daily meals, making sure that you get all the nutrients and supplements that your body needs.

### **3. Accommodation tips and advice Cobham Lecture Theatre**

As you know, BU accommodation is now full and there are limited private accommodation options available in Bournemouth at the moment, so finding somewhere to live can be challenging. Although BU can't find private accommodation for you, this session will help you to understand the options and gain valuable tips about how to navigate the UK lettings system, avoid scams and make sure any potential accommodation is safe and provided at the right standards.

### **4. Culture shock and British culture Lawrence Lecture Theatre**

Moving to a new country is exciting, but not always easy. Join us for some interesting discussions about British culture and how it may differ from what you expect and what you're used to at home. You'll have chance to share your observations and ask questions. We hope you'll get some useful tips to help you understand some of the common British behaviours, values and attitudes.