

Questions to ask about....

Interaction problems with other students

- What are the issues with other students?
- What would you like the interactions to be like?
- What strategies have you tried so far? What happened? How did other people respond?
- What would a neutral observer have thought?
- What could you now do to improve relationships? What else?
- What are your strongest social skills?
- Which of these could you use?
- Which social situations do you find most challenging?
- What could you do that would make any of these challenging situations easier to deal with?
- Who could you talk to who might be able to help you?
- Give these options a score from 1-10 in terms of how far they could enable you to make progress.
- Which of these options are you committed to trying?
- When will you take the first step? How committed are you to taking this step?
- Who would it be useful to tell about your plans?