

Questions to ask about....

### Intention to leave

- What has brought you to consider leaving?
- How do you feel about the thought of leaving?
- Of all the things that make you think about leaving, which ones do you have control over?
- Of the things you have control over, what might you have done differently with hindsight?
- Which of those changes could you make now? What is stopping you from making those changes now?
- What external influences are contributing to your thoughts about leaving?
- If you do choose to leave, what could you do instead?
- Which of these alternatives are in line with you current goals and aspirations?
- Who else do you need to talk to about this?
- Who do you trust to give you good useful advice?
- Who would be the most difficult person to talk to? How can you manage this conversation to make it easier?
- Where do you see yourself in 5 years' time? How does this affect any decision?

*Please note that any student intending to leave should be referred to [askBU](#) to ensure they receive the appropriate advice and guidance detailed in the Student Withdrawal Procedure.*