



Welcome and Events Guide



#belongatbu

You belong here

Here are the most important things you need to do next...

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Login, enrolment and registration emails

Look out for your enrolment and registration email with details of your first session and how to enrol. Your new login details to access BU systems will follow soon after. See page 7.

Register for your course online

You need to do this before you arrive. Once you're registered, you can access your arrivals preparation activity. **See page 7**.

Organise your finances

Make sure you've applied for any financial support you might need. See page 7.

Find somewhere to live If you haven't already arranged your accommodation, then you should do so as soon as possible. www.bournemouth.ac.uk/ alternative-accommodation

Prepare for your studies Find out about any pre-arrival activities for your course. See page 7

Book your airport transfer If you're arriving from overseas. www.bournemouth.ac.uk/airport-transfers

Apply for your Tier 4 Visa If you are from a non-EAA country. www.bournemouth.ac.uk/immigration



This guide provides you with highlights of important information that will help you prepare for your arrival at BU, and you can find details on all this and more on our website at www.bournemouth.ac.uk/belongatbu.

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The information in this guide will be helpful whether you're from the UK or overseas, starting your first degree, moving on to your postgraduate or here on an exchange programme. We've included information about what to expect in Week One and beyond, who your key contacts are for advice and guidance, and practical tips about student life and places to visit in the local area. There's also a huge list of events and activities that will help you settle in to university life and really feel part of our community.

We hope you're excited about joining us and wish you a successful and enjoyable time here.

John Vinney (Vice-Chancellor) **Daniel Asaya** (SUBU President)

About this guide

BU and SUBU work together to make sure you have access to the information you need when you need it. This Welcome and Events Guide will help as you prepare for your arrival at BU and during the first few weeks of term. Read it now for answers to questions you may have, and bring it with you as a reference while you settle in and get to know your way around.

This guide provides you with highlights of important information that will help you prepare for your arrival at BU. For more detailed information see our website:

www.bournemouth.ac.uk/belongatbu

We've also included details of a huge range of activities that have been planned specifically to help you settle in, giving you opportunities to meet new people and feel supported.

We've covered everything from excursions, evening events, club and sport taster-sessions, to advice and guidance drop-ins. Whatever your needs, there's something for you. The Events section at the back of this guide includes all the official BU and SUBU events, so if it's not listed, we haven't organised it. Keep that in mind when signing up to other event websites and social media groups.



The Students' Union at Bournemouth University (SUBU)

Run by students, for students, SUBU is here for you in all aspects of university life.

You'll find lots more information about SUBU on pages 23-34.



International students

In some sections of this guide you will find extra information, indicated by this icon, which is particularly important for you. You should also read the 'Arriving international students' pages of our website which will help you to prepare for starting your life in this country. This will be especially useful if you are coming to live in the UK for the first time.

www.bournemouth.ac.uk/arriving-at-bu



So, what are you waiting for? Your BU experience starts here **#belongatbu**



Are you ready?

We're getting ready to welcome you to BU – here are the most important things that YOU need to do before you arrive.

1. Registration and Enrolment email

We will email your Registration and Enrolment information in mid-August. This will include instructions about how to register for your course online, the date of your first course session and what you need to bring with you to enrol on your course. Your first course session may be your enrolment or it may be an introductory lecture. Either way, you just need to remember to attend your first session where you will be told what's happening later in the week.



If you're an international student who has applied via an overseas representative, we will email you your

username and password for online registration in a separate email.

2. Register for your course online

Registering online is your first step to enrolling on your course at BU. You should do this before you arrive. It takes 20-30 minutes and includes paying for, or telling us how you intend to pay for, your tuition fees. Once you've completed your registration you'll have access to your BU email account and, most importantly, any arrivals preparation activities for your course.

www.bournemouth.ac.uk/register

3. Organise your finances

If you haven't already done so, you need to apply for any student loans, maintenance grants, bursaries and scholarships you may be eligible for.

www.bournemouth.ac.uk/funding

4. Find somewhere to live

If you haven't already arranged your accommodation, then you should do so as soon as possible. You should have already received emails directly from our Residential Services team with all the information you need about how and when to book BU accommodation. You can find out more at: www.bournemouth.ac.uk/alternative-accommodation

5. Prepare for your studies

To give you a good introduction to your studies, your lecturers have created some preparation activities for you to complete before you arrive. The activity will vary depending on what you'll be studying. Once you've registered for your course online, you can login to our online learning environment, myBU, to check whether any preparation activities have been set for you

https://mybu.bournemouth.ac.uk

You may also want to try out our interactive 'skills4study' package:

www.skills4studycampus.com/institution/ Bournemouth.html



If you're an international student you will also find the following information and resources helpful:

www.prepareforsuccess.org.uk

6. Book your airport transfer



We offer a free airport meet and greet service from Heathrow and Gatwick airports on 17 and 18 September

2016. Although it's free of charge, you must book this service in advance to make sure we have space for you.

www.bournemouth.ac.uk/airporttransfers

7. Apply for your Tier 4 Student visa



If you are from a non-EEA country, you need to have a Tier 4 Student visa to begin your studies, Find all you need to

know about immigration, applying for your visa and how BU can help you at:

www.bournemouth.ac.uk/immigration

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Moving in to your new home

It's not long until you move in to your new home from home. Before you move in, you will receive an email from our Residential Services team with information about what you need to do to get ready to move in, what date and time you need to check in to your new home and where to collect your keys.

Most of the rooms in our Halls of Residence are singles and all rooms come equipped with furniture, a mattress, some storage, a desk and chair. If you're not sure what to bring, our advice is not to over-pack, so bring essentials such as clothes, bedding, a towel, and a few cooking utensils, crockery items and some cutlery. Packing a reminder of home, like some photos or a few of your favourite recipes, will also really help during your first term.



If you're an international student, you may prefer to buy bedding, kitchen utensils and other items when you arrive

in the UK. You can easily find the items you need at local supermarkets or you can order a bedding or kitchen pack in advance at:

www.unikititout.com

www.click2campus.com

Res Life

Our Res Life programme helps to create a lively, friendly and supportive community in your BU Hall or UniLet house. Our student Resident Assistants live in your hall or local area, and will organise social activities, and be a friendly point of contact if you have any questions or worries. There will also be a Welfare Co-ordinator available if you need a bit of extra guidance during your time here and they can direct you to further BU support services if necessary. Look out for more information in emails from our Res Life team.

Academic timetables

You'll be able to access your academic timetable online before the start of term. Find out more, including how to set it up, at:

www.bournemouth.ac.uk/student/timetable

You may receive a separate timetable, just for Week One, showing all your course induction sessions. Your faculty will normally give this to you at enrolment or at your first session.

Managing your time

To really succeed at BU, we recommend finding a good balance between your studies, work and social time. You should expect to spend a significant amount of time each week preparing for classes, researching assignments or discussing your ideas and doing group work.

You'll find you're still left with lots of time to get involved in other activities, part-time work and exploring the area with friends.

Managing your money

It's likely your financial situation will be very different as a student. You may have been working or starting at university might mean you're learning to manage your own money for the first time. Our budgeting information will give you an idea of living costs and help you manage your money while at uni.

UK students should expect to receive any financial support applied for – for example a loan, grant, bursary, scholarship or sponsorship – after enrolling on your course in Week One. This can take up to two weeks to receive, so make sure you have enough money available to you until then.

www.bournemouth.ac.uk/funding

Read the Fees Policy on our website, which explains the rules about payment of fees. It's important that you understand how we decide how much money to refund you if you withdraw from your course for any reason. For more details read the Finance section of our online rules and regulations information.

www.bournemouth.ac.uk/important-information



If you're an American student, you must start your Federal Loan application as early as possible because the

process can take quite a long time to complete. Find out more at:

www.bournemouth.ac.uk/usa-funding

Are you ready?



Student Agreement

We've put information about our rules and regulations in an agreement which was emailed to you with your offer letter and can be accessed using the web link below. The student agreement includes important information about how certain decisions are made – for example your progression through your course, what happens if you're not able to submit an assignment, payment of tuition fees and more. When you accept an offer from BU you're agreeing to our student agreement, and when you register for your course online (see page 7) you'll be asked to confirm that you have read, understood and agree to the student agreement.

It's important you know about this and you can find out more online:

www.bournemouth.ac.uk/important-information

Some of the information about your course may have been updated since you first applied or accepted our offer. You can find all of the latest details about your course online.

www.bournemouth.ac.uk/courses

Data protection

Bournemouth University holds all students' personal information securely in hard copy format and electronically, and in accordance with the requirements of the Data Protection Act 1998. For more information visit:

www.bournemouth.ac.uk/dpa



When you're here

Arrivals weekend: 17 - 18 September 2016

This is when most of you will arrive in Bournemouth and move in to your new homes. The events and activities we've organised start this weekend too, so once you have unpacked why not join in with something - invite your new flat/house mates as a way of getting to know them! See pages 36-71 to check all the activities we've got planned for you.

Please try to keep to the moving-in time you've been allocated to help us manage the flow of people into your accommodation.

If you're an international student arriving in the UK this weekend, please just tell us approximately what time you expect to arrive.

Week One: 19 - 25 September 2016

Your BU experience begins with Week One, an essential introduction to your course and BU life.

This is when you will enrol on your course, be given your student ID card and officially become a BU student!

You must attend all your introductory lectures and seminars during Week One. They will give you an important introduction to your course, introduce you to other students, lecturers and other faculty staff and allow you to start sharing your ideas.

You'll also have plenty of time to get involved with social activities including volunteering, clubs, societies and some great day and evening events.

There are also loads of sport taster sessions for you to choose from each day.

It's your responsibility to fit your optional activities around the academic ones, so spend some time looking through the events in this guide to plan your time carefully and make the most of all the brilliant opportunities available to you.

Study support

You can access myBU, our online learning environment, at any time and from anywhere. You'll find lecture notes, reading lists for your units and helpful learning resources, such as online journals and past exam papers. You can also access online learning communities such as Academic Skills and Languages@BU.

Peer Assisted Learning (PAL) sessions

These are group sessions led by a student who has already completed the first year of your course. They are a great way to find out about study techniques relevant to your subject. Many of our undergraduate courses offer PAL sessions and you'll find out more in your first few weeks.

Eating and drinking

There are lots of places to dine on both campuses that cater for a range of dietary needs. We've also made microwaves available for you to re-heat homemade meals.

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Explore Bournemouth, Poole and beyond

By bus

BU buses operate between the main student areas, from Poole to Bournemouth and Boscombe. The U1 service runs between Talbot and Lansdowne campuses regularly, and takes about 15 minutes.

You can travel on BU buses free during Week One to give you time to collect, or order, your key card. 'The Key' is a smartcard ticket which you can use on all the uni buses. You can either buy an annual key card or you can top up with 10 single journeys for £10. You may have chosen to purchase a key card when you applied for your accommodation, which you can collect when you move in.

www.bournemouth.ac.uk/student/buses



Whether you're already a keen cyclist or interested in starting to cycle, you'll find lots of useful information on our website about bike compounds, cycle routes, the Bike Doctor, staying safe on the roads, buying discounted lights and D-locks, and joining cycling clubs through SUBU and SportBU. Please remember to wear a helmet, use cycle lanes where they are available, put lights on your bike for night travel, and secure your bike with a D-lock when not in use.

www.bournemouth.ac.uk/student/bug

Car parking

There are no parking spaces available at Halls of Residence, except for blue badge holders. You'll only be able to get a BU parking permit to park on campus if you meet the criteria – for example if you're registered disabled or have a young child. There are penalties of up to £70 if you park without a permit.

www.bournemouth.ac.uk/student/parking

Driving in the UK

As an international student, you will find everything you need to know about driving licences, road tax and vehicle registration in the Study, Work and More section of the UKCISA website.

www.ukcisa.org.uk

Trips & Tours

We organise trips around the local area, to places like Christchurch, the Isle of Wight and the Jurassic Coast, and to towns and cities such as London, Oxford, Bath and Brighton. The trips are good value for money and a great way to explore and meet new people. You can buy tickets from SUBU reception or online – see page 68.

www.subu.org.uk/tripsandtours



When you're here





Looking after yourself

We want you to succeed and get as much as possible out of your time with us, which is why we provide a number of services to give you guidance and advice throughout your studies. Our AskBU and Student Wellbeing teams are two great points of contact for your first few weeks. Together with SUBU Advice, they can provide you with practical guidance and help identify the best service for your needs.

AskBU

Our AskBU advisers can offer you advice and information throughout your studies at BU.

The team can help you with lots of practical things such as letters to confirm you are a student, replacement ID cards, resetting your BU account password or simply pointing you in the direction of your next lecture. You can also go to them for information about bursaries, scholarships, immigration and how to submit appeals, mitigating circumstances and complaints.

If you're looking for academic, emotional or wellbeing support, the team can help to point you in the right direction. You might want to develop your academic skills or talk to other students who have already completed the first year of your course. Alternatively, you may want to find out what support is available if you have a disability, injury, learning difference, medical or mental health condition. The AskBU team are there to help and will refer you to a specialist within BU if necessary.

AskBU are based on both campuses and offer a friendly drop-in service – they also have private interview rooms if you wish to discuss your query in a more confidential environment. You can also contact them by phone and email. See page 75.

www.bournemouth.ac.uk/askbu

Student Wellbeing

Student Wellbeing offers a completely free and confidential service. Our Wellbeing Advisors can help you with a wide range of issues such as stress, homesickness, low mood and anxiety. They can also help give you access to support services for eating disorders, drug and alcohol use, sexual health and bereavement.

If you have a quick question, want to find out more or are worried about a friend you can use our drop-in service. You might also find it helpful to attend some of our workshops covering topics such as exam stress and mindfulness which run throughout the year.

www.bournemouth.ac.uk/student/wellbeing

Chaplaincy

Whether you have a faith or not, the Chaplaincy at BU supports all students. A Chaplain is someone from a faith perspective who offers hospitality, care, guidance and a willingness to journey with you through your course.

www.bournemouth.ac.uk/chaplaincy

SUBU Advice

SUBU Advice offers free and confidential advice on academic issues, finances, housing, personal issues and employment, and is independent from the university. Contact details are on page 75.

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Our top health and wellbeing tips:

Register with a doctor:

Our Medical Centre on Talbot Campus is popular with students. You can also search for one close to where you'll be living. We suggest you bring with you any medicines you need for your first month to give you time to register with a doctor.

Register with a dentist:

You have to pay for dental treatment, even under the NHS, but may be entitled to assistance as a student. Check the NHS website for details of local dentists.

www.nhs.uk

Immunisations:

The NHS recommends that all students are vaccinated against measles, mumps and rubella (MMR) and meningitis C before arriving at university. Book an appointment with your current doctor.

Infectious diseases:

These include common but serious diseases such as influenza (flu) and measles, as well as less common diseases such as meningitis

and tuberculosis. If you are diagnosed with an infectious disease you must tell the university and not attend classes or on-campus activities until a doctor confirms you have recovered.

National Health Service (NHS):

If you're coming to BU on a Tier 4 student visa, you will have paid the Immigration Health Surcharge as part of your visa application – this entitles you to free treatment on the NHS. Usually EU students are covered by the European Health Insurance Card, but you should check this and take out appropriate insurance if not.

Tuberculosis (TB):

If you are from a high-risk country where TB is very common, the Home Office requires you to provide a certificate proving that you do not have infectious TB before you can apply for a Tier 4 Student Visa. They may also ask you to attend a TB screening appointment in the UK. Find out more at www.gov.uk/tb-test-visa

Looking after yourself

Staying safe

Bournemouth is a great and friendly place to live. However, as in most towns and cities, it's sensible to take precautions and protect yourself and your property.

Personal safety

Plan where you are going, how you will get there and travel back. Book a licensed taxi in advace or use our iBU mobile app to check bus times. Be aware that if you're wearing headphones or chatting on your phone, you may not be paying full attention to your surroundings.

Personal property

Always lock windows and doors – even if you're only going to the garden or flat next door. Mark valuable items with your postcode using an ultraviolet pen and register items serial numbers for free at www.immobilise.com – this will help the police return property to you if it is lost or stolen.

If you cycle, lock your bike, using a D-lock, in a cycle compound so that it's under regular surveillance. See page 12 for more information.

Cyber safety

We work hard to keep the BU community cybersafe. That's why you'll have received different login details during your application process and will be sent reminders to reset your password throughout the year. Keep your BU login details safe and don't share them. Let us know if you receive a potential phishing email asking you to use your BU login details to join an event, activity or social media group. There's a lot you can do too; protect your mobile devices, be responsible with online gaming and think about your digital footprint and the risks of advertising parties on social media.

For more advice visit: www.getsafeonline.org

Dorset Police on campus

The Universities' Neighbourhood Policing Team (NPT) patrols the campus and work closely with patrols in student residential areas to help keep the BU community safe. PC Andy Scarratt and

PCSO Majid Samadi hold regular surgeries on both campuses. They have an office at Talbot Campus and are available on the phone if you have any safety concerns. See page 75 for details.

Emergencies and accidents

If you are on campus, it's important that you dial 222 from a BU phone or 01202 962222 so that BU staff can help the emergency services access the location easily and quickly. If you experience or witness a genuine emergency off campus, phone 999 and ask for an ambulance, the police or the fire service.

Community

To **#belongatbu** means becoming a part of our community. The BU community is made up of students, staff and members of the local area who visit the university.

Respect each other

Whoever you are, we believe that you deserve to be respected by other students and staff, whatever your background, beliefs, values or lifestyle choices. In return, we expect you to be equally respectful of others.

For support and advice related to diversity and equality, visit: www.bournemouth.ac.uk/diversity

Respect your neighbours

Your neighbours may be the other people in your flat, in flats next door, below and above yours, or in the houses on your street. Your neighbours may have an early lecture, or need to work early in the morning. They might work shifts, have young children or they could be elderly. Take the time to get to know your neighbours when you move in, keep the outside of your property tidy, consider others when planning social events at home and try not to be noisy when coming in or out of your house or flat late at night.

SportBU Get Active. Your Way.

With campus leagues, clubs and courses, a fullyequipped gym, various group fitness sessions, and a dedicated performance sports programme for our competitive athletes, we're confident you'll find at least one activity to enhance your student experience at BU.

Most of our classes are run in SportBU on Talbot Campus, but we do offer some activities at Lansdowne throughout the year. Contact us if you'd like more information.

Facilities, classes and membership

Our sporting facilities, programmes and activities are open to everyone and our fantastic membership gives you access to a wide variety of fitness and sporting activities. The gym has state of art equipment and is split into different areas for cardio, stretching and weights work, and you can hire our astro pitches and the sports hall for activities you organise yourself.

Campus Sport

Our aim is to offer a sporting activity for everyone, whether that's playing a sport you already love or giving you the opportunity to try something new.

Campus pay and play sessions mean you can play sports like badminton, table tennis, basketball and volleyball when you have the time, with all equipment provided.

Campus Courses include martial arts, dance, extreme sports and racket sports and are great for beginners and intermediates. You'll be part of a small group and be led by qualified coaches and instructors. Courses run termly, usually over six or nine weeks.

Campus Clubs offer a social and structured element to sports such as badminton, women's football, handball and tennis, where you'll be supported by a qualified coach for quidance and advice.

Campus Leagues provide a challenge for the more competitive – regardless of your ability. Our dodgeball, netball, and 11- and 5-a-side football leagues are completely planned and refereed.

Performance Sport

Our athletes and sports scholars excel and grow through our comprehensive sports programme, and compete in the British Universities and Colleges Sport (BUCS) competition, which organises inter-university sport.

Currently BU is ranked in 30th position in the BUCS competition and is represented in national and regional competitions by over 50 teams in 19 sports, as well as numerous individual disciplines.

If you're competitive about your sport and want the chance to represent BU in the British Universities & Colleges Sport (BUCS) competitions, attend a trial session – find out more on page 20-21.

Week One at SportBU

19 - 23 September: Take part in any of our group fitness sessions for free, and we'll give you a tour of the facilities if you want to look around the gym.

19 - 23 September: Sign up to a free taster session for any of our campus sport clubs and courses. See the Events listings on pages 36-71 for more details

25 - 30 September: Compete for BU – attend a performance sports trial to earn your place – see pages 20-21 for details.

Either pop into SportBU reception or book online at www.bournemouth.ac.uk/sportbu

Full membership at SportBU only £180 – equivalent of £15 per month

Membership includes unlimited gym access, unlimited group fitness classes and selected campus pay and play sessions.

Come and visit us on Talbot Campus and see what we can offer you.



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BU Performance Sport Trials

These trials will challenge you, giving you the chance to show us your skills and earn your place in one of our performance sports teams and join #TeamBU.

Sports	Team	Date and Time	Venue
Athletics	Mixed	27 September 18:00 - 19:30	Kings Park Athletic Stadium, BH7 6JD
		29 September 18:00 - 19:30	*Must have previously competed for a club/county
American Football	Men	25 September 14:00 - 16:00 or 16:00 - 18:00	Wallisdown Playing Fields, Talbot Drive, BH12 5ED
Badminton	Men	26 September 20:00 - 22:00 28 September 12:00 - 13:30	Sports Hall, Talbot Campus, BH12 5BB
	Women	26 September 18:00 - 20:00 28 September 12:00 - 13:30	
Basketball	Men	25 September 15:30 - 17:00 28 September 20:00 - 22:00 29 September 20:00 - 22:00 (invite only from first two trials)	Sports Hall, Talbot Campus, BH12 5BB
	Women	25 September 14:00 - 15:30 27 September 20:00 - 22:00	
Cricket	Men	25 September 14:00 - 16:00 28 September 14:00 - 16:00	Dorset Cricket Centre, BH23 6DY (Transport from SportBU 45 minutes prior to start time)
	Women	28 September 18:00 - 20:00	Sports Hall, Talbot Campus, BH12 5BB
Football	Men	25 September 12:00 - 14:00 27 September 16:00 - 18:00 28 September 16:00 - 18:00	Wallisdown Playing Fields, Talbot Drive, BH12 5ED
		29 September 16:00 - 18:00 (invitation only from first 3 trials)	
	Women	25 September 14:00 - 16:00 26 September 16:00 - 17:30	
Futsal	Men	25 September 17:00 - 19:30 28 September 15:30 - 17:00 (invitation only from first trial)	Sports Hall, Talbot Campus, BH12 5BB
	Women	28 September 17:00 - 18:00	
Golf	Mixed	25 September 14:00 - 16:00 27 September 12:30 - 14:30 28 September 13:30 - 15:30	Dudsbury Golf Club (Transport from SportBU 45 minutes prior to start time) All trialists are required to book a tee time for their first trial at the golf stand at Freshers' Fair. Please note there is a £10 green fee per trial

Please note: this schedule is subject to change so please check our SportBU Facebook page for updates: **facebook.com/sportbu**

SportBU



Sports	Team	Date and Time	Venue
Hockey	Men	25 September 13:00 - 15:00	Bournemouth Sports Club, Chapel Gate, Hurn, BH23 6BL (Transport from SportBU 45 minutes prior to start time)
		28 September 15:00 - 17:00	
	Women	25 September 15:00 - 17:00	
		28 September 13:00 - 15:00	
Lacrosse	Men	25 September 14:00 - 16:00	Bournemouth Sports Club, Chapel Gate, Hurn, BH23 6BL (Transport from SportBU 45 minutes prior to start time)
		28 September 14:00 - 16:00	
	Women	25 September 16:00 - 18:00	
		28 September 16:00 - 18:00	
Netball	Women	26 September 15:30 - 18:00	Sports Hall, Talbot Campus, BH12 5BB
		27 September 17:30 - 20:00	* Previous experience for BUCS team is club/ county/regional level
		Thursday 29 September 15:00 - 18:00 (invitation only from first 2 trials)	
Rugby	Men	26 September 14:00 - 16:00	Oakmedians RFC, Meyrick Park, BH2 6LH
		28 September 14:00 - 16:00	
	Women	26 September 16:00 - 18:00	
		28 September 16:00 - 18:00	
Squash	Mixed	25 September 15:00 - 17:00	The West Hants Club, BH3 7EF
-		28 September 12:00 - 15:00	
Swimming	Mixed	TBC	Please email subuswimmingclub@bournemouth.ac.uk for trial details
Table Tennis	Mixed	28 September 13:30 – 15:30	Sports Hall, Talbot Campus, BH12 5BB
		30 September 12:00 – 14:00	
Tennis	Mixed	25 September 12:30 – 16:30	The West Hants Club, BH3 7EF
		28 September 12:30 – 16:30	
Ultimate	Mixed	28 September 13:00 - 15:00	Slades Farm, BH10 4HG
Frisbee			* Meet at SportBU 30 minutes before trial
Volleyball	Men	28 September 08:00 - 10:00	Sports Hall, Talbot Campus, BH12 5BB
		30 September 16:00 - 18:00	
	Women	28 September 10:00 - 12:00	
		30 September 14:00 - 16:00	
Weightlifting	Mixed	27 September 16:00 - 18:00	High Performance Gym, Talbot Campus, BH12 5BB

If you can't attend a trial or need more information, please visit SportBU reception or email ${\bf sportbu@bournemouth.ac.uk}$



You and thousands of other excited people are preparing for their journey to BU and a whole new life in Bournemouth.

Get first-hand arrivals advice and a list of places to visit from some of our students and graduates online.



Issa Batrane

BA (Hons) Business

Places where I belong:

- Going to the cinema on Westover Road
- 7Bone Burger Co

www.bournemouth.ac.uk/issa-story



Emilia-Jade Gibson

Graduate

BA (Hons) Marketing Communications

Places where I belong:

- Trying out different restaurants
- in the local area
- Walking through **Bournemouth Gardens**

www.bournemouth.ac.uk/emilia-jade-story



Suyan Zou

MSc International Hospitality & **Tourism Managment**

Places where I belong:

- The Russell-Cotes Art Gallery
- The Christmas market

www.bournemouth.ac.uk/suyan-story



Edward Weeden

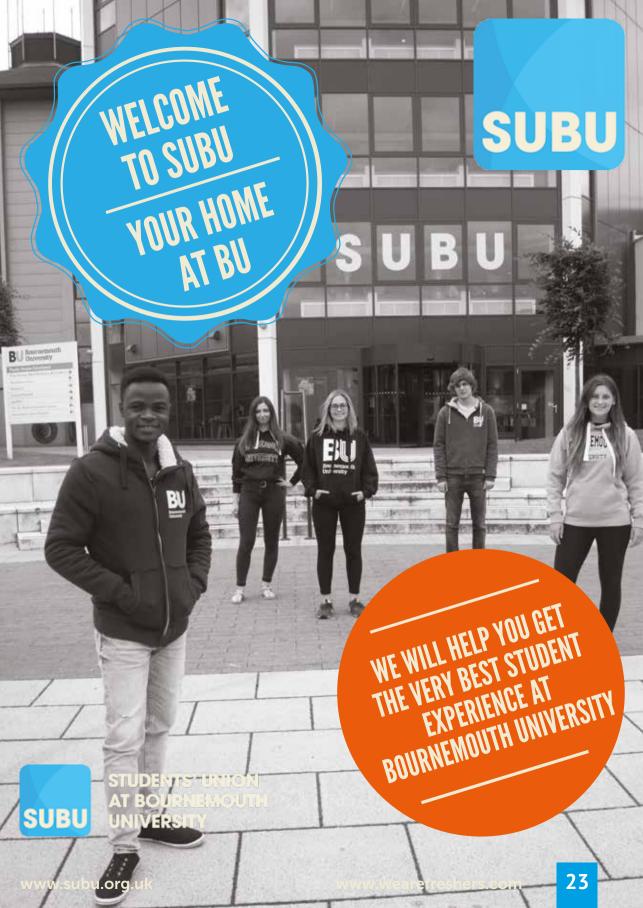
BSc (Hons) Sports Development &

Coaching Science

Places where I belong:

- Trampolining Club
- The beach

www.bournemouth.ac.uk/edward-story





MUHAMMAD ALI

WELCOME TO THE STUDENTS' UNION AT BOURNEMOUTH UNIVERSITY

We offer an unrivaled variety of opportunities for you to join in, from fundraising, volunteering, becoming a member of one of our many clubs and societies, or even joining the Student Council as a SUBU Officer.

SUBU is a charity run by students, for students.
Our purpose is to ensure that YOU get the absolute best out of your time at Bournemouth University.

We also run a number of cafés and shops on the university campus as well as our award winning entertainments venue 'The Old Fire Station' in which you can also find work to earn that little bit of extra cash.

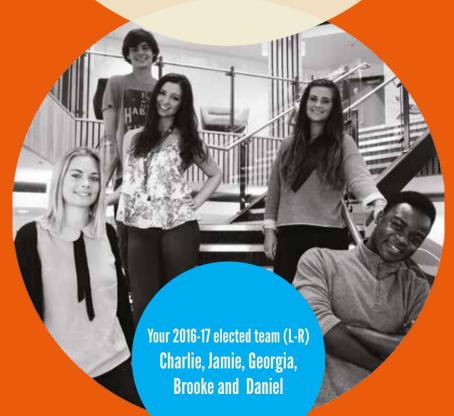
SUBU also has an advice centre to help support you whenever you need it and our student representation is world leading!

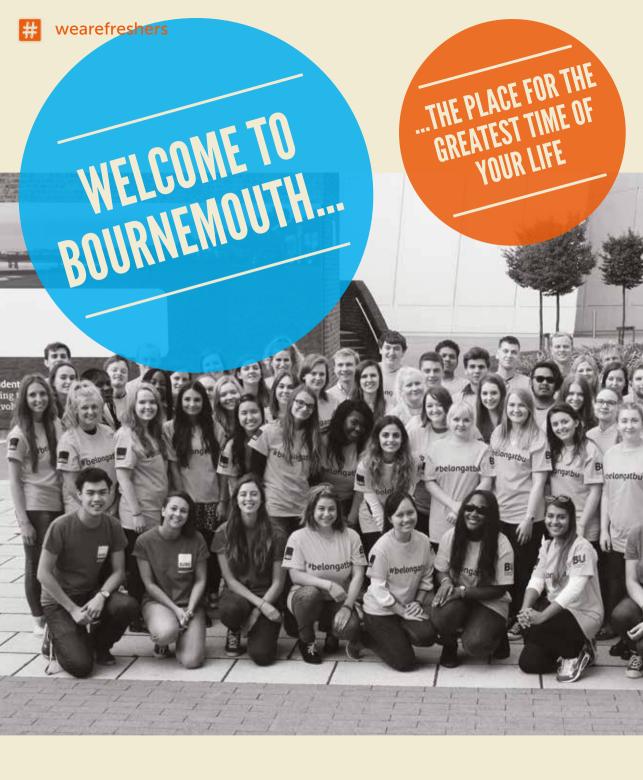
We look forward to seeing you all on campus soon!

SUBU

WE ARE STUDENTS









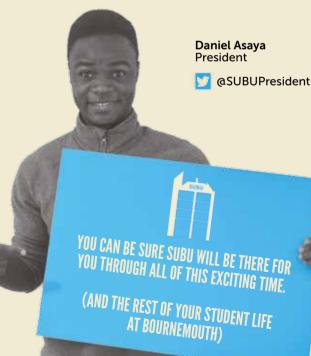
ON ARRIVAL

You'll be greeted by our friendly SUBU Welcome Crew volunteers. They'll be wearing bright yellow, so you can't miss them, and will be on hand to address any worries you might have and ensure you touch down smoothly.

We have a packed arrivals events programme starting off in Week One with social and activity events for everyone through both the day and night and you'll definitely have the chance to meet lots of new people! The events programme is listed in full detail later in this guide.

For all the info on the night-time party programme read the enclosed "We Are Freshers guide" and place your wristband order soon.

You only get to be a fresher once, so make sure you get out and experience as much as possible, have a smashing time!











ARE YOU A MATURE STUDENT?

RECEIVE A FREE COPY OF OUR MATURE STUDENTS GUIDE.

EMAIL US AT:

MATURESTUDENTS@BOURNEMOUTH.AC.UK



BOURNEMOUTH SUMMERBALL
IS THE BIGGEST IN THE UK AND GETS 7,000
STUDENTS CELEBRATING IN A FANCY
DRESS FIESTA.



Our Activities department looks after all the clubs, societies, volunteering, RAG and more. Have a look at the amazing range of opportunities you can join in:

Accounting, Finance and Economics Society

African Caribbean Society

Airsoft Society

Alternative Performance Society

American Football (Bobcats) Society

Animation Society

Anime Society

Archaeological, Historical and Anthropological Society

Athletics Club

Bacon Society

Baking Society

Bangali Cultural Appreciation

Society

Bangladesh Society

Banking and Finance

Biological Science

Boat Club (Rowing)

Books and Beyond

Bournemouth Bharatiya Club

Bright Futures

Bulgarian Society

Business Mania

Casual Tennis

Catholic Society

Cheerleading (BU Falcons)

Chinese Students and Scholars

Christian Union

Climbing Club

Cocktail and Mocktail Society

Cyber Security Society

Cycling Club

Dance Society

Design Society

Disney Society

Dodgeball Society

Drum and Bass Society

European Society

Equestrian Society

Feminist Society

Fighting Game Network

Film Society

Filmmaking for Scriptwriters

First Aid Society

Gamers Society

Games Development Society

Greek and Cypriot Society

Harry Potter Society

Health and Fitness Society

Hip Hop Dance Society

Investment Society

Iranian Society

Islamic Society

Japanese Society

Kayak Club

Law Society

League of Legends

LGBTQ+ Society

Marketing Society

Midwifery Society

Motorcycle Society

Muscle and Athletic Society

Nepalese Society

Nigerian Student Society

Nordic Society

Occupational Therapy Society

Parkour Society

Performing Arts Society

PhD Society

Photography Club

Physiotherapy Society

Poetry Society

Poker Club

Polo Club

PR and Communications

Practical Anatomy Society

Pre-Hospital and Emergency

Care Society **Procrastination Society** **Psychology Society**

Pub Quiz Society

Quidditch Society Real Ale Society

Recording Network

Rock and Indie Society

Rounders Society

Sailing Club

Science and Reason Society

Scuba Society (Sub Aqua)

Bournemouth Shredders

Snowriders

Sociology Society

Space and Robotics Society

Students Kick Cancer

Surf Club

Swimming Club

Taiji Boxing Network

Thai Society

Touch Rugby Society

Tourism Society

Trampolining Society

Ultimate Frisbee Society

Vietnamese Society

Wake and Kite Club

Whovian Society

Wildlife Conservation Society

Windriders

Wine Appreciation Society

Writers Society

Y-Ball Society Yoga Club

> **Brooke Elias VP** Activities







Student Centre.

Dedicating your time to your local community and making a change has been one of the most amazing parts of my university experience

Green taskforce 2015-16





DEVELOP AND SUCCEED

At SUBU we want you to be the best you can be. We have a great number of opportunities within SUBU to help you develop and really succeed.

Each year, students elect new Student Officers and these positions are available to you. There are full or part-time positions available throughout the SUBU departments and within the SUBU Venues with opportunity to progress further within each role.



I am so pleased to have accomplished my manifesto this year and make real changes for the students at BU

REECE POPE

VP Welfare 2014-16



Charlie Souter VP Welfare

5) 5,





SUBU OFFICER ELECTIONS

IN OCTOBER EACH YEAR, PART-TIME OFFICERS Are elected. The full-time officer elections Take place in february. Think you could do it? Yes you can!





III WEAREFRESHERSBOURNEMOUTH

@SUBUBOURNEMOUTH

WEAREFRESHERS

BELONGATBU

REGISTER NOW:



nu∄ AWARDS 2016

EDUCATION WINNER SU OF THE YEAR



WE ARE STUDENTS

www.subu.org.uk www.wearefreshers.com





Every event, listed day by day.

All BU and SUBU events and activities are listed here by date, with the time, venue, and price. Events are categorised by interest areas to help you easily find things you'll enjoy.



Carers

Events aimed at students with caring responsibilities.



Education

Guest lectures, workshops and academic activities.



Explore

Explore the area or a new activity.



Food

Events with food and drink provided (sometimes free!).



Friends

The best events to meet new people and make friends.



Living

Find out everything you need to know about living here, from housing to visas.



International Students

Additional events specifically for international students.



Party

The best events to see out your nights in style.



Relax

Events for when you want to take things at a slower pace.



Sport

Sports introductory and taster sessions from SportBU, clubs and societies.

Saturday 17 September 2016

Arrivals Soup

Chaplaincy & Student Services

















22:00-03:00





Just arrived? Want something to eat and to meet some new friends? Come and join us (alcohol is not permitted at this event).

Fusion Building, Ground Floor Café (Talbot **Campus) AND Lansdowne Point restaurant** (Lansdowne Campus)

Free

So you've officially landed and it's time to break some ice and explore your Students' Union venue The Old Fire Station.

The Old Fire Station

Door: £2-3



Sunday 18 September 2016

Welcome Tea

Student Services























Free food and an opportunity to meet other new students! Join us for sandwiches, snacks and cookies. Everyone welcome (alcohol is not permitted at this event).

Lansdowne Point restaurant

Free

Don your beachwear and make your way to the South's biggest beach themed nightclub. And don't forget to check the facebook photo albums on Monday for a giggle with your new friends.

The Old Fire Station

Door: £2-3



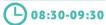
Monday 19 September 2016

Mature Students "cuppa, cake, chat"





SUBU





New for 2016, running every day of week one. Pop along grab a cuppa, some cake and chat about your first week at BU.

3rd floor, Student Centre

Free

Campus Sport Week SportBU











The start of SportBU's Campus Sport week where a wide range of sports are on offer to students for free as a way to try some of the activities that will be running in the Campus Sport Programme.

SportBU. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Door: £2-3

Green Task Force & Volunteering info stand (all week)





SUBU



10:00-16:00



Come and find out about all the opportunities Volunteering and GTF have to offer.

Activities Wet Area, 2nd floor, The Student Centre

Free

Five-minute Volunteering





Volunteering and Green





Get stuck into SUBU Activities with some volunteering! You can spend five minutes or all day here if you want to! You can also find out about the other ways you can get involved with Volunteering whilst at uni. No booking needed, just turn up, everyone is welcome.

2nd Floor Activites Area, Student Centre

Free

FIFA tournament





10:00-16:00



A FIFA tournament for everyone. All abilities welcome! Just turn up and play.

2nd floor, Student Centre

Free

Mature Students Beach Walk





SUBU





Meet us at The Engine Room, Lansdowne, as we explore the nearby Bournemouth beach.

Meet at Engine Room

#belongatbu

Food for Thought Christian Union







12:00-13:00





Join the Christian Union as they host a guest talk to get you thinking about religion. Free lunch! Contact SUBU 01202-965765 for room location

Free

Meet the Advice Team SUBU Advice















Drop in to meet the team and pick up a free fruit kebab. No booking required.

SC202 (2nd Floor), Student Centre

Free

REPS fitness qualification information drop in



SportBU



13:00-14:00





Drop by for an informal chat and some information on SportBU's REPS qualifications on offer including level 2 fitness instructor, level 3 personal trainer and level 3 sports massage and more. See SportBU reception for details and how to book on.

SportBU

Free

Res Life Run



SportBU/ResLife





13:00-14:00

Taster session for the Res life runs.

Meeting at Cranborne House

Free



Campus Sport Table Tennis SportBU





14:00-15:00





Taster session for SportBU's Campus Sport programmes. Beginners welcome.

SportBU. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Free

Bus Trip to IKEA

Rest ife





15.30-20:30





A trip to IKEA by bus Leaving Corfe House at 15:30, picking up at Student Village and Cranborne and leaving IKEA at 20:30, dropping off at Cranborne, Village and Corfe. You need to book on Eventbrite in advance: ikeatripbu.eventbrite.co.uk.

Departs Corfe House, picking up at Student Village & Cranborne House

£3.50

Cream Tea

Chaplaincy





15:00-16:00





Traditional cream tea with scones, jam and cream! Meet other new students. Everyone welcome! Chaplaincy, Talbot House

FREE

Events – Monday 19 September continued...

Dylans Ouiz

Dvlan's Bar





Campus Course: Street Dance

SportBU















a top class instructor.





Speedquizzing with your smartphone or tablet (iOS or Android) - be there early to ensure you get a table, cash prize as well as rollover pot and other prizes. Happy Hour 18:00-20:00 and meal deals.

Dvlan's Bar

£2 per person

Taster session for SportBU's Campus Sport programmes. Aimed at beginners. Our Street Dance class will be a mixture of popping, locking, house and much more and will give you the chance to learn an impressive array of moves from

SportBU. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Free

District Re-Launch Party

District









Campus Sport Judo











Taster session for SportBU's Campus Sport programmes. Beginners welcome.

SportBU. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Free

Your Monday night alt & indie party. Two rooms of alt, indie, rock, metal & pop-punk to kickstart your week the right way! With weekly themes, live PAs and giveaways to your favourite concerts/festivals.

The Old Fire Station

Door: £2-3



Tuesday 20 September 2016

Shopping and Budgeting Workshop Student Services







09:00-10:00



Find out about the cost of living in the UK, where to shop (including specialist international food shops) and get tips on how to save money.

Cobham Lecture Theatre

Free

PGR Induction Event - 2 day Event Graduate School





Complusory induction event for all new Postgraduate Research students

Additional information will be provided by your Faculty Research Administrator.

TBC

Free



Five-minute Volunteering Volunteering and Green





10:00-16:00



Get stuck into SUBU Activities with some volunteering! You can spend five minutes or all day here if you want to! You can also find out about the other ways you can get involved with Volunteering whilst at uni. No booking needed, just turn up, everyone is welcome.

2nd Floor Activites Area, Student Centre

Free

NUS Extra Card Collection Day SUBU





10:00-16:00



Get your NUS Extra discount card today and start saving straight away! With hundreds of discounts available it is the essential student discount card. Download the app to track your nearest savings. For more information or to buy your card online visit www.nus.org.uk.

Ground floor. Student Centre

£12

Introduction to UK Academic Life









Student Services



(L) 12:30-13:30



An essential introduction for international students to what's expected of you academically at BU and how the UK education system might differ from your home country.

FREE



Stevenson Lecture Theatre

New for 2016, running every day of Week One. Pop along grab a cuppa, some cake and chat about your first week at BU.

3rd floor, Student Centre

Free

What the frock?!

SUBU





Res Life Run

SportBU









Meet at SportBU



An introduction to women's empowerment. Contact SUBU for more information: 01202 965765

The Fusion Building

Meet the Advice Team

Free

Free



SUBU Advice











Drop in to meet the team and pick up a free fruit kebab. No booking required.

SC202,2nd floor, Student Centre

Free

Introduction to mindfulness

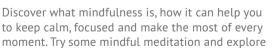
ways of applying mindfulness in your life.

Taster session for the Res Life runs.

Student Wellbeing



13:30-15:00



PG10, Poole House

#belongatbu

Tuesday 20 September continued...

Tea and Talk

Christian Union









14:00-15:00









Join the Christian Union as they host a talk with international students.

Contact SUBU 01202-965765 for room location

Free

Traditional Cream Tea

15:00-16:00

Chaplaincy









Cream tea with scones, jam and cream! Meet other new students. Everyone welcome. Find out more about our six-week self-awareness course which starts on 6 October.

Chaplaincy, Talbot House

Free

Mature Students Drinks Social

SUBU









Familiarise yourself with our on-campus pub and meet with other mature students over a well-earned glass of wine.

Dvlan's Bar

Free





Board games, snacks, hang out and meet new people.

Chaplaincy, Talbot House

Free

Campus Sport Boxing

SportBU





20:00-21:00



Taster session for SportBU's Campus Sport programmes. Beginners welcome.

SportBU. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.



Wednesday 21 September 2016

Mature Students "cuppa, cake, chat"











New for 2016, running every day of Week One. Pop along grab a cuppa, some cake and chat about your first week at BU.

3rd floor, Student Centre

Free

Wildlife Conservation Event



Wildlife Conservation Society (WCS)





Join the WCS for a fun day out in the local Bournemouth area. Transport included. Bring food and contact WCS for more info.

Meet in Poole House Reception

Free

Five-minute Volunteering Volunteering and Green





10:00-16:00





Get stuck into SUBU Activities with some volunteering! You can spend five minutes or all day here if you want to! You can also find out about the other ways you can get involved with volunteering whilst at uni. No booking needed, just turn up, everyone is welcome.

2nd Floor Activites Area, Student Centre



#belongatbu

Campus Sport 5-a-side Football SportBU





12:00-14:00





Taster session for SportBU's Campus Sport programmes. Beginners welcome. Cup competition. SportBU. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Free

Hello! Lansdowne Campus welcome!







SUBU Lansdowne



12:00-14:00







Come along for a coffee/tea and chat with your SU and make some new friends.

The Engine Room

Free

Meet the Advice Team









12:00-14:00







Drop in to meet the team and pick up a free fruit kebab. No booking required.

SC202. Student Centre

Free



REPS fitness qualification information drop in



SportBU



13:00-14:00



Drop by for an informal chat and some information on SportBU's REPS qualifications on offer including level 2 fitness instructor, level 3 personal trainer and level 3 sports massage and more. See SportBU reception for details and how to book on.

SportBU

Free

Res Life Run SportBU/ResLife





13:00-14:00





Taster session for the Res Life runs.

Meet at Purbeck House

Free



Christchurch and Harbour Tour Discover Dorset





L) 13.00-18:00







Take a coach to the home of the most expensive beach huts in the UK at Hengistbury Head, walk to Mudeford Beach, enjoy a leisurely ferry to Christchurch Quay, take a walking Tour of Christchurch and relax. For more info or to book visit SUBU Reception or online

www.subu.org.uk/day trips

Pick up Talbot Campus at Coach stop to rear of the **Student Centre**

£15

Events – Wednesday 21 September continued...

Campus Course: Paddleboarding SportBU













Taster session for SportBU's Campus Sport programmes. Aimed at beginners. Trial session for our paddleboarding course.

Hengistbury Head. See www.bournemouth.ac.uk/ sportbu or SportBU Reception for details.

Free

Campus Course: Canoeing SportBU







Taster session for SportBU's Campus Sport programmes. Aimed at beginners. Trial session for our canoeing course.

Hengistbury Head. See www.bournemouth.ac.uk/ sportbu or SportBU Reception for details.

Free

Campus Course: Kayaking SportBU

13:45-15:45













Hengistbury Head. See www.bournemouth.ac.uk/ sportbu or SportBU Reception for details.

Free

SUBU - Get involved, stand out! **SUBU Representation**









Want to get the most out of your time at university, stand out from the crowd and get noticed by employers? Get involved in SUBU to have access to over 20 workshops to develop skills in areas such as Teams, Management, Public Speaking to name a few. Find out how at our workshop run by the Representation Team. Contact SUBU Representation 01202 965765 for further info.

Poole House, room TBC

Free

Campus Course: Pole Fitness







14:15-15:15







Taster session for SportBU's Campus Sport programmes. Aimed at beginners. Pole fitness is taught by Polz Apart, one of the leading pole dancing schools in the area. Their instructors have over ten years' experience in the pole dancing and aerial fitness industry.

SportBU. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.





Campus Course: Surfing SportBU







-) 14:30-16:30









Taster session for SportBU's Campus Sport programmes. Aimed at beginners. Trial session for our surfing course.

Shaka Surf. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Free

Campus Course: Skiing















Snow trax. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Free

Campus Course: Snowboarding









Taster session for SportBU's Campus Sport programmes. Aimed at beginners. Trial session for our snowboarding course.

Snow trax. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Free

Meet the Nerve Media team











Meet the teams who run your student radio station, magazine, and online media. Watch us in action, learn what we do, and sign up to join us!

4th Floor, Student Centre

Free

Campus Course: Jiu Jitsu SportBU





16:15-17:15







Taster session for SportBU's Campus Sport programmes. Aimed at beginners. Brazilian Jiu Jitsu is a ground based martial art that promotes the concept that a smaller, weaker person can successfully defeat a bigger, stronger assailant by using leverage and proper technique. The class is coached by Jeff Lawson who is a Brazilian Jiu Jitsu black belt and veteran of the UFC and The Ultimate Fighter Season 9, with over 25 years' experience.

SportBU. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Events – Wednesday 21 September continued...

Global Café

Chaplaincy





17:00-19:00







Free coffee and cookies with a chance to meet students from all over the world.

Fusion Café, 3rd floor Fusion Building

Free



Acoustic Night with Talk

Christian Union







Come and enjoy a night of music with a talk from a quest speaker, in the relaxing atmosphere of Naked Coffee.

Naked Coffee, 4 Christchurch Road (near Studland House)

Free

Comedy Freshers' Special

Comedy Nation









Comedy Nation is Bournemouth's longest running monthly stand-up comedy night. It boasts a grand list of up-and-coming acts including some that are now big names including Rufus Hound, Graham Norton and Ross Noble!

The Old Fire Station

Door: £4-5



Film night **Student Services**

19:00-21:00





Relax and watch a film.

Free popcorn!

Ask AskBU or Welcome Crew for venue

Free

Mature Students 'Comedy Nation' Social

SUBU





19:30-midnight





Get together with mature students and head down to The Old Fire Station for a night of stand-up comedy, perfect to bring the stress levels down mid week. Booking required via SUBU Website: www.subu.org.uk

The Old Fire Station

£4-5



Thursday 22 September 2016

Mature Students "cuppa, cake, chat"















New for 2016, running every day of Week One. Pop along grab a cuppa, some cake and chat about vour first week at BU.

The Engine Room

Free

Essential Immigration



Student Services





09:00-10:00



Essential information for all non-FFA students who are in the UK on a Tier 4 student visa. Find out about your responsibilities and how the university can support you.

Inspire Lecture Theatre, Fusion Building

Free

Introduction to UK Academic Life



Student Services





09:00-10:00



An essential introduction for international students to what's expected of you academically at BU and how the UK education system might differ from your home country.

KG03, Kimmeridge House

Free

PGR Induction Event - Two-day event Graduate School



09:30



Complusory induction event for all new **Postgraduate Research students**

Additional information will be provided by your Faculty Research Administrator.

TBC

Free

NUS Extra Card Collection Day SUBU









Get your NUS Extra discount card today and start saving straight away! With hundreds of discounts available it is the essential student discount card. Download the app to track down savings near you. For more information or to buy your card online visit www.nus.org.uk.

BoHo Lounge, Bournemouth House

£12



Events



Five-minute Volunteering

Volunteering and Green

10:00-16:00











Christian Union







Get stuck into SUBU Activites with some volunteering! You can spend five minutes here or all day if you want to! You can also find out about the other ways you can get involved with volunteering whilst at uni. No booking needed, just turn up, everyone is welcome!

2nd Floor Activites Area, Student Centre

Free

Hello! Lansdowne Campus welcome!

Join the Christian Union as they host a guest talk

to get you thinking about religion. Free lunch!

Students' Union and make some new friends.

Contact SUBU 01202 965765 for room location





SUBU Lansdowne

The Engine Room



Free

Free

12:00-14:00









SUBU - Get involved, stand out!

SUBU Representation

11:00-11:30







Want to get the most out of your time at university, stand out from the crowd and get noticed by employers? Get involved in SUBU to have access to over 20 workshops to develop skills in areas such as Teams, Management, Public Speaking to name a few. Find out how at our workshop run by the Representation Team. Contact SUBU Representation 01202 965765 for further info.

Room TBC. Poole House

Free

Meet the Advice Team

SUBU Advice







12:00-14:00





Drop in to meet the team and pick up a free fruit kebab. No booking required.

SC202. Student Centre

#belongatbu

Res Life Run

SportBU/ResLife









PGR Induction Social Event

16.00 onwards

Graduate School







Taster session for the Res Life runs Meet at Chesil House

Free

Cream Tea

Chaplaincy











Student Wellbeina 13:30-15:00

Keep Calm and Feel Great





Dvlan's Bar

Free





Traditional cream tea with scones, jam and cream! Meet other new students. Everyone welcome. If you would like to find a local place of worship for your faith, please ask us for information.

Chaplaincy, Talbot House

Free

Campus Course: Thai Boxing SportBU













Taster session for SportBU's Campus Sport programmes. Aimed at beginners. Thai boxing combines the use of fists, elbows, knees, shins and feet. This course will give you the knowledge and opportunity to learn a deadly form of standup fighting and also condition your full body. Michael Namrit coaches this class. He has over 10 years Thai boxing experience and is coach to many current top professionals. Michael also runs a more cardiovascular Thai boxing workout, Thai Boxfit which is available as part of the group fitness timetable.

SportBU. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Free

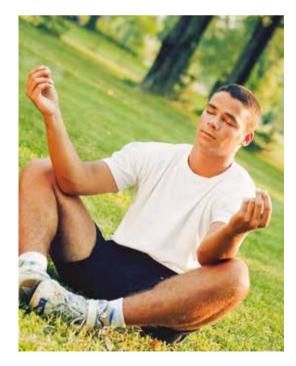
Learn ways to detach from your thoughts, relax, de-stress and find balance. Discover new ways to feel great, take care of your wellbeing and boost your positivity.

This social event is a great opportunity to meet other new PGRs in an informal and relaxed

provided by your Faculty Research Administrator.

environment. Additional information will be

PG10. Poole House



Events – Thursday 22 September continued...



Ouiz and Fish & Chips Chaplaincy





19:00-21:00





A fun quiz, great way to meet people and make friends AND a free dinner. Ticket event via Eventbrite quizfishchips.eventbrite.co.uk.

Chaplaincy, Talbot House

Shopping and Budgeting Workshop

Student Services







19:00-20:00





Find out about the cost of living in the UK, where to shop (including specialist international food shops) and get tips on how to save money.

KG03, Kimmeridae House

Free

Food fair SUBU







11:00-16:00





SportBU Reception for details.

Free

Time to know which restaurants to get the healthy meals from, and make friends over food!

Talbot Campus

Contact SUBU for info: 01202 965765

Mature Students Dine-out SUBU













Dine with us as we head out for dinner, a great opportunity to relax and chat about your first week at BU with other mature students. Price includes sharing platters of starters, choice of any 'regular menu' pizza and a soft drink. Booking required via SUBU website.

The Bournemouth Pizza Company, 44 St Swithun's Rd, Bournemouth, BH1 3RJ

£13.00

Campus Course: Karate

SportBU









Taster session for SportBU's Campus Sport programmes. Aimed at beginners. Our Karate class covers technique, pad work, blocking and counter attacking. It will also help to develop awareness, confidence, power, speed and co-ordination. The class is run by Steve Goodhand who is the founder of 'Satori martial arts' and 3rd Dan with over 20 vears' experience.

SportBU. See www.bournemouth.ac.uk/sportbu or

Karaoke

Dylans













Come with your mates, and all singers get two for one cocktails, Happy Hour 18:00-20:00 and meal deals

Dylan's Bar



#belongatbu

Thursday 22 September continued...

Campus Course: Kung Fu SportBU



Rave of Thrones The Old Fire Station





20:30-21:30









22:00-03:00



Taster session for SportBU's Campus Sport programmes. Aimed at beginners. Shaolin Kung Fu is an authentic style of Chinese martial arts made popular by recent media. It utilises kicks, punches, combination movements, flexibility, basic gymnastics, stamina and strength. The class is taught by Martine Niven, who has been studying martial arts for over 20 years. She is a 35th Generation Shaolin Warrior Disciple and head Shaolin Instructor at the Bournemouth-based Natural Flements

SportBU. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Free

The Master Of Coin has decreed that the party should be at The Old Fire Station, resplendent with Dothraki warriors, Whitewalkers, the Unsullied and, of course, Kahleesi's fire breathing pets, not to mention visuals and a light show to rival a castle siege. Game of Thrones' Kristian Nairn (HODOR) DJ Set.

The Old Fire Station

Door: £8



Friday 23 September 2016

International Information Fair

Student Services





10:00-14:00



Meet banks, mobile phone companies, the Medical Centre and many more helpful organisations. Just come along when you have time – you probably need to spend about an hour at this event.

Fusion Building (look out for our signs and student helpers to direct you)

Free

Five-minute Volunteering

Volunteering and Green







10:00-16:00



Get stuck into SUBU Activities with some volunteering! You can spend five minutes or all day here if you want to! You can also find out about the other ways you can get involved with volunteering whilst at uni. No booking needed, just turn up, everyone is welcome.

2nd Floor Activites Area. Student Centre

Free



Vintage Clothing, jewellery, Poster & Art Sale





SUBU







University Vintage Fairs offer a range of trend-led, affordable, vintage, retro, modern and re-worked clothing/accessories for guys and girls. In addition Pyramid Posters are on campus giving you a chance to buy a range of iconic posters and prints of all sizes at great prices, ideal for decorating your new room or house.

Talbot Campus Courtyard

Free

Meet the Advice Team











Drop in to meet the team and pick up a free fruit kebab. No booking required.

SC202. Student Centre



#belongatbu



Mature Students "cuppa, cake. chat" SUBU







12:30-13:30







New for 2016, running every day of Week One. Pop along grab a cuppa, some cake and chat about your first week at BU.

The Engine Room

Free

REPS Fitness Oualification Information Drop in



SportBU



13:00-14:00



Drop by for an informal chat and some information on SportBU's REPS qualifications on offer including level 2 fitness instructor, level 3 personal trainer and level 3 sports massage and more. See SportBU reception for details and how to book on.

SportBU

Free

Res Life Run



SportBU/ResLife







Taster session for the Res Life runs Meet at Dorchester House

Free

Campus Sport Rave Pong SportBU







Taster session for SportBU's Campus Sport programmes. Beginners welcome. Ultra Violet Table Tennis.

SportBU. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Free

Robot Wars

SUBU Activities







Special lecture from the creators of the legendary Razer, Robot Wars' most famous robot.

Contact SUBU 01202-965765 for room location

Free

Beach BBO

SUBU Activities











If you're in a unilet or private housing accommodation that isn't halls come along to a bbg and games day such as rounders/ football on the beach. A chance to socialise and meet people in similar situations. Any specific dietary requirements? Email suvpcommunity@ bournemouth.ac.uk

On Bournemouth Beach - meet outside Aruba on **Bournemouth Pier**

£2



Events – Friday 23 September continued...

Campus Sport Rave Zumba SportBU



















Taster session for SportBU's Campus Sport programmes. Beginners welcome. Ultra Violet Dance fitness class.

SportBU. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Free

Friday Frenzy

Dvlan's











Finish off your first week at uni with your friends. Most drinks only £2. Happy Hour 18:00-20:00 and meal deals.

Dylan's Bar

Free

Mature Students Beach Walk SUBU









SUBU

Meet us at The Engine Room, Lansdowne, as we head off again to explore the beautiful Bournemouth beach.

Meet at Engine Room

16:30-17:30

Free

American Football Taster

18:00-20:00

BU Bobcats







Whether you're brand new to the sport or have played before, the Bobcats invite you to an open session of American football. Anyone welcome, no prior experience of playing required.

Meyrick Park

Free

18:00-20:00



Join the Christian Union for an evening of beach games and stories with a BBO.

Bournemouth Beach. Check fb.com/ bournemouthCU for the meet up location



International Commencement Ceremony







This special event formally celebrates the beginning of your journey as a BU student. Join the Vice-Chancellor Professor John Vinney. BU staff, special guests and around 500 other international students for a special welcome in the same venue where you will graduate at the end of your course. Don't miss it.

Bournemouth International Centre (BIC)

Free. Register today at Register today at www.bournemouth.ac.uk/internationalcommencement-ceremony and either print and bring your ticket with you, or bring your mobile phone to be scanned.

Lollipop Lift-off

The Old Fire Station









Everybody's favourite Friday night party returns for another year of cheesey pop anthems, urban flavours and everything in between. Party in style by treating yourself to a tailored VIP package or birthday booking.

The Old Fire Station

Door: £3-5

Saturday 24 September 2016

The Freshers' Fair

SUBU













10:00-15:00









Freshers' Fair is one of the biggest campus events of the year and; it is your chance to find out about all the clubs, societies, sports teams and volunteering opportunities available to you at BU. In addition we host a large number of local and national brands offering you a range of student special offers and famous freebies. Make sure you get there early to avoid disappointment

Talbot Campus

Free

Freshers Fair 'Family Zone' SUBU









Brand new to Freshers Fair 2016 is our 'Family Zone', a designated area for student parents to explore the support and opportunities at SUBU, BU and our wider-community.

K101, Kimmeridge House

Free



Saturday Footie

Dylan's







We show BT Sport games live in Dylans - games will be advertised on our Facebook page. Happy Hour and Food meal deals.

Dylan's Bar

Free

Laser Tag

Christian Union





Try your hand in a friendly game of Laser Tag and see who is the sharpest shooter!

Contact SUBU 01202-965765 for room location

TBC

WAYF CLUB w/ Sonny Fodera

We Are Your Friends







22:00-04:00



A night that's certain to deliver solid party bangers as well as all the expected WAYF extras. Special décor installations, a big visuals rig and some surprises along the way. House, hip-hop and disco. Headline DJ/Producer Sonny Fodera (Defected) joins the party.

The Old Fire Station

Door: £6-8

Sunday 25 September 2016

Church Search

09:00-11:00

Christian Union











Help the Christian Union find the right church for vou!

CityGate, next to Dorchester House

Free

Mum, Dad and Monkey SUBU



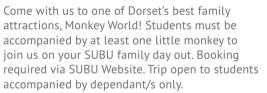












10:00 minibus departs Talbot Campus, (or meet us at Monkey World for 10.50am) 16:00 returns from Monkey World

£10.50 - Price is per adult, inclusive of children.

American Football Taster BU Bobcats









Whether you're brand new to the sport or have played before, the Bobcats invite you to an open session of American football. Anyone welcome, no prior experience of playing required.

Wallisdown pitches

Free

American Football Taster **BU Bobcats**













Whether you're brand new to the sport or have played before, the Bobcats invite you to an open session of American football. Anyone welcome, no prior experience of playing required.

Wallisdown pitches



Monday 26 September 2016

Campus Pay and Play activities begin



SportBU





The start of all Campus Pay and Play sessions. These drop-in sessions require no booking and include sports such as badminton, table tennis and basketball. All equipment is also provided. Timetables and full list of sports on our website and many are free for members.

SportBU. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Various/Free For Members

Dylan's Quiz Dylan's







20:00-22:30







Speedguizzing with your smartphone or tablet (iOS or Android) - be there early to ensure you get a table, cash prize as well as rollover pot and other prizes. Happy Hour 18:00-20:00 and meal deals.

Dvlan's Bar

£2 per person

District District











Your Monday night alt & indie party. Two rooms of alt, indie, rock, metal and pop-punk to kickstart your week the right way! With weekly themes, live PAs and giveaways to your favourite concerts/festivals

The Old Fire Station

Door: £2-3



Tuesday 27 September 2016

PhD Lunch

Chaplaincy







Come and meet other PhD students over some food.

Chaplaincy, Talbot House

Free

University Music Chamber Choir

University Music







If you have some singing experience, come and join our chamber choir. We sing in some exciting venues such as Winchester and Salisbury cathedrals as well as in the local area.

Student Hall, Talbot House

Free

University Music Orchestra

University Music







Ideally you'll need to have reached Grade V standard. We play a wide range of music from film scores to symphonies in a relaxed and friendly atmosphere.

Student Hall, Talbot House

Free

American Football Information Evening

BU Bobcats







An essential meeting to learn more about the team and how to get involved (not a practical session).

Kimmeridge House (Contact SUBU 01202-965765 for room location)

Free

Champions League

Dylan's











Happy Hour 18:00-20:00 and meal deals. **Dvlan's Bar**



Wednesday 28 September 2016

Conservation Event: Conservation Rangers

09:00-16:00









Enjoy a breath of fresh air as you help protect local wildlife and learn more about your local area. Transport included.

Meeting in Poole House Reception

Free, transport included

Campus Course: Paddleboading













Hengistbury Head. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Free

Campus Course: Canoeing











Taster session for SportBU's Campus Sport programmes. Aimed at beginners. Trial session for our canoeing course.

Hengistbury Head. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Free

CampusCourse: Kayaking









Taster session for SportBU's Campus Sport programmes. Aimed at beginners. Trial session for our kayaking course.

Hengistbury Head. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Free

Campus Course: Surfing

SportBU







Taster session for SportBU's Campus Sport programmes. Aimed at beginners. Trial session for our surfing course.

Shaka Surf. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Free

Campus Course: Skiing

SportBU







Taster session for SportBU's Campus Sport programmes. Aimed at beginners. Trial session for our skiing course.

Snowtrax. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Campus Course: Snowboarding

SportBU







15:00-15:45







19:30-20:00



Taster session for SportBU's Campus Sport programmes. Aimed at beginners. Trial session for our snowboarding course.

Snowtrax. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Free







Pool Tournament

ResLife/SportBU









Come and join us for a pool competition or cheer on your flatmates.

Corfe House

Global Café Chaplaincy

Free







Free coffee and cookies and a chance to meet students from all over the world.

Every week during term-time. Contact Chaplaincy for venue.

Free

University Music Contemporary Choir

17:00-19:00







University Music



18:00-19:00



If you enjoy singing contemporary music then come and join the choir. There is no need to be able to read music.

Student Hall, Talbot House

Free

Dvlan's

Champions League





Happy Hour 18:00-20:00 and meal deals.

Dvlan's Bar

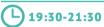
Free

Christian Union Weekly Meeting

Christian Union











Weekly meeting of the Christian Union to get to know each other and discuss ideas.

CityGate, next to Dorchester House, Lansdowne

Free

University Music Big Band University Music







If you play saxophone, trumpet, trombone, quitar. bass, piano or drums, you'll be welcome to join our Big Band which has a full range of gigs planned for the new term.

Student Hall, Talbot House

Free

University Choir

University Music







Come and join our large scale choir with over 100 singers. We rehearse and perform large scale works from the choral repertoire with orchestra in a relaxed and friendly atmosphere. You don't need to be able to read music.

Student Hall, Talbot House

Thursday 29 September 2016

NUS Extra Card Collection Day SUBU















22:00-03:00





Get your NUS Extra discount card today and start saving straight away! With hundreds of discounts available it is the essential student discount card. Download the app to track your nearest savings. For more information or to buy your card online visit www.nus.org.uk.

Ground floor. Student Centre

£12

University Choir

BU Music











Student Hall, Talbot House

Free

Applebum is a celebration of hip-hop and r'n'b culture on a quest to rediscover, relive and reimagine the sounds, fashion and lifestyle of a movement that helped shape a generation.

The Old Fire Station

Door: £4-5



Events

Friday 30 September 2016

American Football

BU Bobcats























The Bobcats invite you to an open session of American football to practice skills in a fun and relaxed atmosphere. Anyone welcome, no prior experience of playing required.

Meyrick Park

Free

Everybody's favourite Friday night party returns for another year of cheesey pop anthems, urban flavours and everything in between. Party in style by treating yourself to a tailored VIP package or birthday booking.

The Old Fire Station

Door: £3-5



Saturday 1 October 2016

Rowing Taster Session

09:00-11:30

BU Boat Club









Try something new and join the BUBC as they introduce you to the sport of rowing, whether you've been in a boat before or are a complete

Contact SUBU 01202-965765 for location

website or BUBC Facebook page.

beginner! Booking required, check the SUBU

Free

Walk to the beach

Chaplaincy







A gentle walk through heathland, past Coy Pond and to the beach. You decide how and when to get back to campus. Wear comfortable shoes. We will cancel if it's raining.

Meet at Talbot House entrance

Free

Foreverland

Foreverland



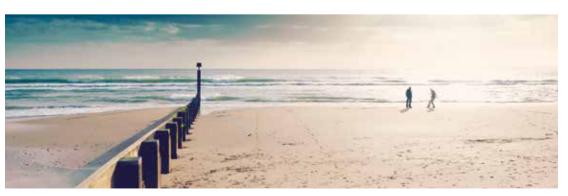




Designed to deliver the cream of upcoming musical talent alongside a delicately infused sense of childhood nostalgia – venture to a place where you never have to grow up. Welcome to Foreverland. Bass, garage and grime. Expect live performers, fire shows, circus performers. inflatable entertainment, confetti cannons and much more! Chris Lorenzo, AJ Tracey and Foreverland residents.

The Old Fire Station

Door: £5-12.50



Sunday 2 October 2016



Church Search

Christian Union



















CityGate, next to Dorchester House, Lansdowne Free

09:00-11:30



Try something new and join the BUBC as they introduce you to the sport of rowing, whether you've been in a boat before or are a complete beginner! Booking required, check the SUBU website or BUBC Facebook page.

Contact SUBU 01202-965765 for location

Coming soon

Trips and Tours

Jurassic Coast 1 October

Discover Dorset





08:30-18:00

Our famous Isle Of Purbeck and Jurassic Coast tour – Old Harry Rocks, Durlston Country Park, Corfe Castle, Lulworth Cove and Durdle Door. Some walking involved so wear trainers or boots – no high heels. For more info or to book visit SUBU Reception or online www.subu.org.uk/daytrips 08.30- Pick up Talbot Campus at Coach stop to rear of the Student Centre

£25



London City Tour 15 October Discover Dorset







07:50-20:00

Full day panoramic tour and one-and-a-half-hour walking tour, with plenty of free time for shopping and further sightseeing. For more info or to book visit SUBU Reception or online

www.subu.org.uk/daytrips

07.50- Pick up Talbot Campus at Coach stop to rear of the Student Centre

£25

Oxford City Tour 29 October Discover Dorset





-

08:50-19:00

Join our guide on a one-and-a-half-hour walking tour on arrival in Oxford. Spend the afternoon exploring this historic city at your leisure. For more info or to book visit SUBU Reception or online www.subu.orq.uk/daytrips

Pick up Talbot Campus at Coach stop to rear of the Student Centre

£25

Careers & Employability

Part Time Christmas Job Fair 5 October



Careers & Employability Service



10:00-17:00

TBC - Fusion Building

Free

Graduate and Placement Fair 2016



26-27 October

Careers & Employability Service



L) 11:00-15:00

Kimmeridge House

Activities

Activities Week 3-9 October SUBU Activities



09:00-17:00

Across Talbot Campus (unless specified)

Free

Community Day 3 October

SUBU Activities



10:00-17:00

Across Talbot Campus (unless specified)

Free

Volunteer Fair 4 October





10:00-17:00

The Student Centre

Free

Christian Union Weekly Meeting 5 & 13 October



Christian Union

19:30-21:30

CityGate, next to Dorchester House, Lansdowne

Free

Global Café Every Wednedsday in Term-time

Chaplaincy





Free coffee and cookies and a chance to meet students from all over the world.

Every week during term-time. Contact Chaplaincy for venue.

Free

RAG Fest 6 October

RAG





Across Talbot Campus (unless specified)

Free

Green Day 7 October

Green Impact/SUBU Green Task Force





Across Talbot Campus (unless specified)

Free

Church Search 9 October

Christian Union





CityGate, next to Dorchester House, Lansdowne

Free

Sports

Campus Sports Fayre 5 October

SportBU



10:00-15:00

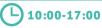
Courtyard outside SportBU

Free

Clubs and Sports Day 5 October



Clubs and Societies/SUBU Activities



Talbot Campus (unless specified)

#belongatbu

Sports - continued...

Campus League Netball Team Application Deadline 5 October



SportBU



SportBU

£40 for the year

Campus Clubs application deadline 7 October



SportBU



SportBU. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Free

Rowing Taster Session



BU Boat Club



Contact SUBU 01202 965765 for location

Free

Rowing Taster Session

9 October



BU Boat Club

09:00-11:30

Contact SUBU 01202 965765 for location

Free

Campus Courses (Martial Arts Dance) application deadline

16 October

SportBU



L) 21:00

SportBU

Free

Campus League 5-a-side Football Team (Men's) Application Deadline

TC

23 October

SportBU



SportBU

£100 for the term

Campus League Dodgeball (Mixed **Gender) Team Application Deadline**

TC

28 October

SportBU



SportBU

£90 for the term

Campus Courses (Rackets and Extreme Sports) application deadline 31 October



SportBU



21:00

SportBU. See www.bournemouth.ac.uk/sportbu or SportBU Reception for details.

Events

Campus League Staff 5-a-side Football Team (Men's) Application Deadline 31 October







SportBU



SportBU

£100 for the term

The Old Fire Station

22:00-03:00

Suddenly Funk

Door: £3-6

Student Sound 13 October Student Sound

Suddenly Funk 20 October





Entertainment

District 3 & 10 October The Old Fire Station





22:00-03:00

The Old Fire Station

Door: £2-3

The Old Fire Station Door: £2-3

22:00-05:00

22:00-03:00

Halloween Special 29 October The Block Party





Carnival is back 6 October

Carnival





Multiple venues across Lansdowne

Door: £10-25



22:00-03:00

The Old Fire Station

Door: £4

Lollipop 7 & 14 October

The Old Fire Station





The Old Fire Station

£3-5

Enter 8 October

Enter







The Old Fire Station

£8-15





Global BUddies needs you!

Are you ready to:

- Be open-minded and step outside your comfort zone?
- · Make an effort to get to know people who are very different from you?
- Develop your understanding of cultural differences?
- · Learn how to communicate effectively with people from diverse cultural backgrounds?
- Build a network of friends from all over the world?

If you are, then Global BUddies is for you.

We welcome applications from everyone – the more nationalities the better (and that includes British students too!).

You'll be allocated to a multi-cultural group at the beginning of September. Your Group Leader (a current BU student) will contact you before the start of term and you'll keep in touch with your group via email and social media until you arrive. There will be regular social events and workshops throughout the first term and you'll be able to suggest ideas for activities you'd like to do with your group.

For more information and to register, see www.bournemouth.ac.uk/global-buddies

Deadline for registration is 31 August 2016.

Read about Wesley's arrivals experience and how being a Global BUddy helped him: www.bournemouth.ac.uk/wesley-story





Useful contacts

Additional Learning Support

Telephone: +44 (0)1202 965663 Email: als@bournemouth.ac.uk

AskBU

Telephone: +44 (0)1202 969696 Email: askBU@bournemouth.ac.uk www.bournemouth.ac.uk/askBU

Careers & Employability Service

Telephone: +44 (0)1202 961663 **Email:** careers@bournemouth.ac.uk www.bournemouth.ac.uk/careers

Chaplaincy

Telephone: +44 (0)1202 965383 Email: chaplaincy@bournemouth.ac.uk www.bournemouth.ac.uk/chaplaincy

Emergencies

Fire, Police, Ambulance and Coastquard services

Off-campus: 999

On-campus: 222 or 01202 962222

Non-emergencies Off campus: 101

Language Support

Telephone: +44 (0)1202 965300 Email: pbarnes@bournemouth.ac.uk

Equality & Diversity Adviser

Telephone: +44 (0)1202 965327 **Email:** jmpkay@bournemouth.ac.uk www.bournemouth.ac.uk/diversity

International Admissions Team

Telephone: +44 (0)1202 961603 **Email:** international admissions @bournemouth.ac.uk

#belongatbu









Medical Centre

During term-time

Telephone: +44 (0)1202 965378

Outside term-time

Telephone: +44 (0)8444 772416

Nurserv

Telephone: +44 (0)1202 965576

Email: talbotwoods@brighthorizons.com

Police on Campus - Universities' **Neighbourhood Policing Team**

Telephone: 101 (and ask for Universities NPT)

Email: Universities-NPT@ Dorset.PNN.Police.uk

Residential Services

Telephone: +44 (0)1202 961671 Fax: + 44 (0)1202 965025

Email: accommodation@bournemouth.ac.uk

SportBU

Telephone: +44 (0)1202 965012 **Email:** sportbu@bournemouth.ac.uk www.bournemouth.ac.uk/sportbu

Student Wellbeing

Telephone: +44 (0)1202 965020

Email: studentwellbeing@bournemouth.ac.uk www.bournemouth.ac.uk/student/wellbeing

SUBU Advice

Telephone: +44 (0)1202 965779 **Email:** subuadvice@bournemouth.ac.uk

www.subu.org.uk/advice

UKCISA (The UK Council for International Student Affairs)

Telephone: +44 (0)20 7788 9214 9 - 7 St Albans Place, London N1 0NX

www.ukcisa.org.uk

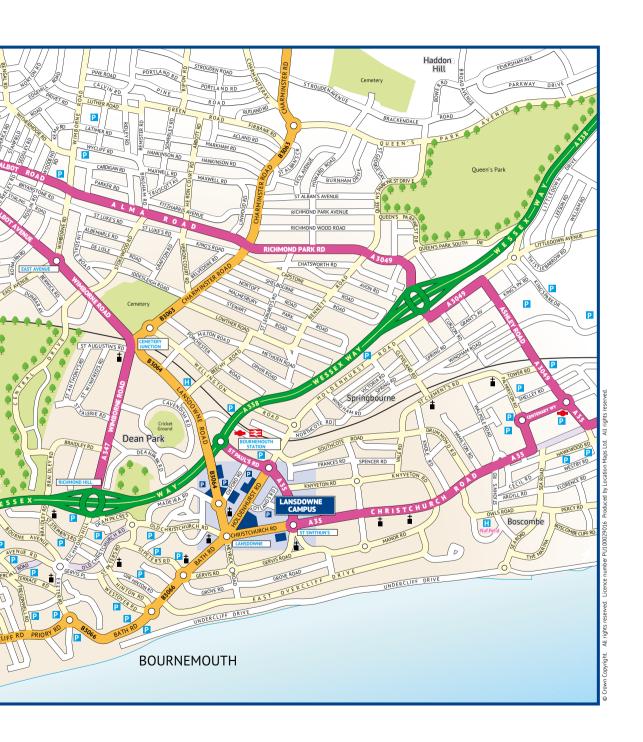
The local area

We think you're going to love living here.

To help you find your way around, here are a few places you might like to explore in the local area. Wherever you're living, you'll find it easy to get around by bus or bike (see page 10.)

To find out about some of our students' favourite places in Bournemouth, visit www.bournemouth.ac.uk/belongatbu and check out the student profiles.





Campus maps

To help you find the room you're looking for:

The first letter tells you which building the room is in. The next letter or number tells you which floor. So, BG14 is on the ground floor of Bournemouth House and P403 is on the 4th floor of Poole House. You can also collect a campus map from any BU reception and access maps via the iBU app.





Lansdowne Campus

Key

- BOHO Lounge
- BOHO Gardens
- Bournemouth House Library
- BU staff offices
- Student Lounge
- 6 Halls of residence
- 7 HSS Research Centre

- Learning centre for postgraduate study
- Open Access Centre
- 10 Students' Union Nightclub
- 111 SUBU Advice
- 12 AskBU/Student Services
- 13 The Shop

🖰 Café

Lift share car park

Public car park

BU staff car park

Blue badge car parking
Bicycle park

Fire muster point

Bus stop

