

## **SportBU**

## Academy of performance Coaching Dates 2019/20

Course	Attendance Dates & Times	Application Deadline	Cost
Active IQ Level 2 Certificate in Fitness Instruction (QCF) (Intensive)	16, 17, 18, 19, 20 December, 9-4pm <b>21, 22 December 2019, 8-6pm (Assessment)</b>	08 December 2019	<b>BU</b> £450
			Community £500
Active IQ Level 2 Certificate in Fitness Instruction (QCF) (Intensive)	14, 15, 16, 17, 18 April 2020, 9-4pm 19, 20 April 2020, 8-6pm (Assessment)	05 April 2020	<b>BU</b> £450
			Community £500
Active IQ Level 2 Certificate in Fitness Instruction (QCF) (Intensive)	11, 12, 13, 14, 15 May 2020 9-4pm 16, 17 May 2020, 8-6pm (Assessment)	03 May 2020	<b>BU</b> £450
			Community £500
Active IQ Level 2 Certificate in Fitness Instruction (QCF) (Intensive)	20, 21, 22, 23, 24 July 2020 9-4pm 25, 26 July 2020, 8-6pm (Assessment)	12 July 2020	<b>BU</b> £450
			Community £500
Active IQ Level 3 Certificate in Personal Training (QCF) (Part-Time)	25, 26 January 2020, 9-4pm 01, 02, 08, 09, 15, 16, 22, 23 February 2020, 9-4pm <b>29 Feb 01 March 2020, 8-6pm (Assessment)</b>	19 January 2020	<b>BU</b> £650
			Community £700
Active IQ Level 3 Certificate in Personal Training (QCF) (Intensive)	29, 30 June 2020, 9-4pm 01-03, 06-10 July 2020, 9-4pm <b>11, 12 July 2020, 8-6pm (Assessment)</b>	21 June 2020	<b>BU</b> £650
			Community £700
Active IQ Level 3 Certificate in Sports Massage (Soft Tissue Therapy) (QCF) (Part-Time)	01, 02 February 2020, 9-4pm 07, 08 March 2020, 9-4pm		<b>BU</b> £750
	04, 05 April 2020, 9-4pm 02, 03 May 2020, 9-4pm <b>16, 17 May 2020, 8-6pm (Assessment)</b>	26 January 2020	Community £850
Active IQ Level 3 Certificate in Sports Massage (Soft Tissue Therapy) (QCF) (Intensive)	29, 30 June 2020, 9-4pm 01-03, 06-10, 13, 14 July 2020, 9-4pm 17, 18 July 2020, 8am-6pm (Assessment)	07 June 2020	<b>BU</b> £750
			Community £850

## New Active iQ courses for 2020

Active IQ Level 2 Award in Instructing Studio Cycling (Single Day Course)	Dates available:  8th February 2020, 9-6pm 6th June 2020, 9-6pm	02 February 2020	BU & Community £130
Active IQ Level 2 Award In Instructing Kettlebells (Single Day Course)	Dates available:  20th February 2020, 9-6pm 29th May 2020, 9-6pm 16th July 2020, 9-6pm	16 February 2020	BU & Community £130
Active IQ Level 2 Award in Instructing Circuit Sessions (Single Day Course)	Dates available:  Sunday 5th April 2020, 9-6pm Friday 17th July 2020, 9-6pm	30 March 2020	BU & Community £130
Active IQ Level 3 Diploma In Exercise Referral (Intensive)	17-20 February 2020, 9-4.30pm 21 February 2020, 9-4.30pm (Assessment)	14 June 2020	BU & Community £495

To Book onto any of the courses above follow this link: <a href="https://www.bournemouth.ac.uk/apc-booking">www.bournemouth.ac.uk/apc-booking</a>

