

## Introduction

Welcome to our winter BUCRU Bulletin where we continue to share our news, events and activities.

It's been a busy winter and we are now starting to prepare ourselves for the big move from Royal London House in Christchurch Road to the Bournemouth Gateway Building in Summer 2020. We're all looking forward to being part of such an exciting flagship building.

## New UK Standards for Public Involvement launched

Involving the public in your study is important and it's recommended to start as early as possible. This 'Public Involvement' (also known as 'PPI' - Patient and Public Involvement) in research means research that is done 'with' or 'by' the public, not 'to', 'about' or 'for' them.



Seeking the opinions and viewpoints of members of the public is a great way to ensure that your study is designed and set-up in a way that considers a wider perspective, that it will be relevant and of good quality.

The National Institute for Health Research (NIHR), Chief Scientist Office (CSO) Scotland, Health and Care Research Wales, and the Public Health Agency Northern Ireland invites people to use the UK Standards for Public Involvement in all types of research activity.

The standards describe effective public involvement with clear and detailed statements, with emphasis on improvement over time. They also encourage approaches and behaviours that are the hallmark of good public involvement such as flexibility, sharing and learning and respect for each other.

You can download the standards here:

<https://www.invo.org.uk/wp-content/uploads/2019/11/UK-standards-for-public-involvement-v6.pdf>

Please speak to Helen Allen (BUCRU's Patient and Public Involvement lead) or Louise Ward if you need helping involving the public in your research.

### Café Scientifique

Dr Sharon Docherty continues as academic lead and host for Café Scientifique in Bournemouth. Sharon also presented 'Crooked picture frames and ageing of perception' on 4th February.



Sign up to the Café Sci newsletter here: <https://www.bournemouth.ac.uk/research/get-involved/cafe-scientifique>

### NIHR Grant Applications Seminar & Support event—24 March 2020

**NIHR** | Research Design Service  
South West

#### Are you planning to submit a grant application to NIHR?

Research Design Service (RDS) South West and Bournemouth University are hosting a FREE one-day event at the Executive Business Centre, Holdenhurst Road on Tuesday 24 March 2020 that is aimed at helping you to improve your chances of success.

The morning seminar session is open to anyone to come and hear RDS advisers give presentations on what makes a good grant proposal. Topics covered will include:

- what does the NIHR look for?
- the application as a marketing document: selling the topic, selling the method, and selling the team
- the team
- public involvement
- clarity of description and explanation
- feasibility issues
- identifying and avoiding potential pitfalls.

The afternoon support session of one-to-one appointments is for those who would like to discuss their own proposal with an RDS adviser. If you are interested in this opportunity, appointments need to be booked in advance

## News & Events...

...by selecting the appropriate option on the registration form and you will be asked to supply in advance a brief description of your project idea.

### Programme

Registration - tea & coffee 10.00am

Seminar event 10.30am to 12.45pm

Lunch 12.45pm to 1.30pm

1:1 appointments (booked in advance) - 1.30pm to 3.30pm

This event is FREE and refreshments and lunch will be provided. Places are limited and will be allocated on a 'first come, first served' basis. In order to secure your place please register using our online form by **1pm, 16 March 2020**.

This event is part of the Research and Knowledge Exchange Development Framework (RKEDF), and is delivered by the NIHR Research Design Service South West (RDS SW).

<http://www.rds-sw.nihr.ac.uk/research-funding-seminar.htm>

## Mental health services

Congratulations to Dr Mariam Vahdaninia and Dr. Bibha Simkhada on the acceptance of the article "Mental health services designed for Black, Asian and Minority Ethnicities (BAME) in the UK: a scoping review of case studies".

This manuscript has been accepted by the journal *Mental Health and Social Inclusion* (ISSN: 2042-8308). The review is co-authored by Hannah Blunt, Community Mental Health Nurse at Dorset HealthCare University NHS Foundation Trust and Alan Mercel-Sanca' Lead Officer at LGB&T Dorset Equality Network.



## Publications

- Aryal, N., Regmi, P.R., van Teijlingen, E., Trenoweth, S., Adhikary, P. and Simkhada, P., 2020. The impact of spousal migration on the mental health of nepali women: A cross-sectional study. *International Journal of Environmental Research and Public Health*, 17 (4).
- Ashencaen Crabtree, S. et al., 2020. Donning the 'slow professor': A feminist action research project. *Radical Teacher*.
- Bridgewater, J.A., Hickish, T. et al., 2020. Systemic chemotherapy with or without cetuximab in patients with resectable colorectal liver metastasis (New EPOC): long-term results of a multicentre, randomised, controlled, phase 3 trial. *LANCET ONCOLOGY*, 21 (3), 398-411.
- Wooldridge, S. and Branney, J., 2020. Congruence between nurses' and patients' assessment of postoperative pain: A literature review. *British Journal of Nursing*, 29 (4), 212-220.

## Chapters:

- Parker, J., Heaslip, V. and Ashencaen Crabtree, S., 2020. People in contact with criminal justice systems participating in service redesign: Vulnerable citizens or democratic partners? *In: Hean, S., Johnsen, B. and Kloetzer, L., eds. People in contact with criminal justice systems participating in service redesign: Vulnerable citizens or democratic partners?.* Palgrave Macmillan.
- Vahdaninia, M., Simkhada, B., van Teijlingen, E., Blunt, H. and Mercel-Sanca, A., 2020. Mental health services designed for Black, Asian and Minority Ethnicities (BAME) in the UK: a scoping review of case studies. *Mental Health and Social Inclusion*.

## Publications...

### Conferences:

- Nyman, S.R., Ingram, W., Sanders, J., Thomas, P.W., Thomas, S., Vassallo, M., Raftery, J., Bibi, I. and Barrado-Martín, Y., 2019. Randomised controlled trial of the effect of Tai Chi on postural balance of people with dementia. In: 1st World Congress on Falls and Postural Stability 4-7 December 2019 Kuala Lumpur, Malaysia.

### About BUCRU

BUCRU is a model for supporting and conducting local health related research. We support researchers to improve the quality, quantity and efficiency of research across the University and local National Health Service (NHS) Trusts. We do this through:

- Helping researchers from the University and from the NHS with developing high quality applications for external research funding (including small grants) – free of charge via NIHR RDS, Bournemouth office based in BUCRU
- Ongoing involvement in funded research projects
- A “pay-as-you-go” research service for other projects
- Developing our own research programme

BUCRU supports Bournemouth University staff and researchers working locally in the NHS. There are no restrictions on topic area or professional background of the researcher. BUCRU is partly funded by the National Institute for Health Research (NIHR) and incorporates the Dorset office of the NIHR RDS SW (Research Design Service South West).

### Contact details

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