To reach Lansdowne Campus from the north or east, leave the A338 at the junction marked Travel Interchange onto St Paul's Road, then take St Swithuns Road. At the roundabout at the end of St Swithuns Road, take the right-hand exit which will bring you onto Christchurch Road (B3066) where the buildings that comprise the campus are located.

From the west, follow the directions to Talbot Campus but proceed past the university on the A3049 (this becomes Talbot Avenue). Next take Wimborne Road (A347), then Lansdowne Road (B3064) to continue onto Christchurch Road (B3066).

There is no student parking at the Lansdowne Campus, although the area is well served by public (pay and display) car parks within easy walking distance of all university buildings.

Talbot Campus can be reached from the north or east via the A338 (locally known as the Wessex Way). Take the exit at the Richmond Hill Roundabout (next to the Vitality Insurance tower) and then follow the signs for the university.

From the west on the A35 follow the signs to Bournemouth (A3049), taking the dual-carriageway (Dorset Way) past Tower Park. Talbot Campus is located on the A3049 (Wallisdown Road).

Talbot Campus has a limited number of pay and display visitor parking bays. Student and staff parking is for permit holders only.