# Workshop: Leadership and Valuing Staff

Full notes (all groups)

# Experiences of leadership and nurse retention:

### Barriers

Perceptions

Leadership or management

Despondency

Communication

Valuing (lack of)

Supervisors not appreciating the impact they have on students

Money- challenge this! Use Agency

Non-clinical approaches to management

Loneliness for senior roles

Severe lack of time

Misunderstandings in emails, etc.

Personal attack- Solutions (S): policies, consistency, expectations

Managing techniques- S: Leadership styles; held to account; lack of clear vision; professionalism

Performance management- S: structure

Balance- S: flexibility, understanding each other, trust

Disorganised

Valued- S: Thank you

Role of the matron- why some work clinically and why some don't see it as key

How do you please everyone?- S: sandwich and please all or no one

Is there a disconnect with the board and their understanding of culture and the culture of the actual Trust?

#### **Solutions:**

- Education and training
- But how do you sustain levels of empowerment
- Changing perceptions
- Positive role modelling
- Modelling culture barometer
- Career progression plans
- Building relationships/understanding individual needs
- Trusting and respecting staff and that being reciprocated
- Giving staff the opportunity to understand your role/challenges
- Engage with staff to build emotionally engaging relationships; promote empathy
- Time: Spend 5-10 minutes actively helping intermittently throughout the day. Be visible!
- Emails: Try and avoid emailing when a face-to-face or telephone conversation would be better. Emails are often not the most efficient form of communication
- Taking time to spend time with staff
- Transparency from the top
- Meaningful CPD
- Simple things- "Thank you"
- Being inclusive
- "It's ok not to be OK"
- Mental health first aid
- Identify issues early
- Manage expectations
- Empower managers to have conversations

Networking/bench marking

Permission to break rules

# <u>Summary</u>

## **Barriers:**

Resources- time, money Slowness of the HR processes when dealing with performance Empty compliments Failing to fail- not acting in a timely way Bullying culture Lack of equity- staff in organisation treated differently

Nurses sometimes not kind to each other

### Solutions:

Fight with heart and head

Being fair and equitable and acting according to policy; Support re: performance management

Working with the best as well as the worst

Leaders having self-belief and being self-reflecting

Finding support- personal contacts, provide challenge, provide support

Role modelling leadership

Back to your passion

Sharing time/being human/ cake time

Breaks