

# Leading Together

Professional Development Programme for Senior Doctors

**Programme handbook 2019/2020**



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## Introduction

The landscape of the NHS is evolving rapidly and requires medical leaders equipped with the professional skills to navigate and lead our future services. This unique programme brings together newly appointed consultants, GPs and other senior doctors from across Dorset to explore and address some of the challenges faced by senior doctors working in the modern NHS.

Welcome to Bournemouth University and to the Professional Development Programme for Senior Doctors – *Leading Together*.

### The handbook explains:

- The programme's aims
- The programme's structure
- The programme's content
- Some organisational advice to assist you.

### If you have any questions please contact:

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# Programme details

## Aims

The aim of this course is to develop professional and leadership qualities in all newly appointed consultants, GPs and other senior doctors in Dorset within the first five years of their appointment. The ambition of the NHS Long Term Plan is for collaborative integration of primary care, community health, mental health and hospital services. Our Dorset is the new integrated care system (ICS) comprising NHS organisations and local authorities working together and taking shared responsibility for health and social care. Despite these recent initiatives, there can be ongoing challenges to communication and understanding between primary and secondary care which may hinder collaborative working. This programme enables senior doctors to explore and address these challenges while networking with each other with the aim of building a stronger healthcare leadership network for the future.

## Structure

*Leading Together* is designed to facilitate and inspire personal development. It takes place in the Faculty of Health & Social Sciences (FHSS) at the Lansdowne Campus, Bournemouth University. Recently appointed GPs and senior doctors from the four NHS Trusts in Dorset (Royal Bournemouth Hospital, Dorset County Hospital, Dorset Healthcare and Poole Hospital) are invited to attend. The programme is led by two experienced clinical educators, a GP and a Consultant Psychiatrist, with the support of some specialist guest speakers. The underpinning philosophy and principles of the course are:

1. The importance of the peer group as a medium for professional learning
2. The benefits of reflection in professional development
3. The principles of action learning as a way to develop professional medical practice



4. Enhancing communication and understanding between primary and secondary care
5. Time away from the work environment to critically explore the wider health and social care system

Four core themes provide the basis for discussion and reflection within the following four sessions:

- Day 1** Education and Supervision
- Day 2** NHS Structures and Finances
- Day 3** Professionalism and Governance
- Day 4** Leadership and Motivation

The programme consists of four one-day sessions which run 9am – 4.00pm. Should you miss one session in a given academic year, you would be able to register for that day in the following academic year.



## Content

The aims for each day can be viewed as potential ideas for learning and are therefore indicative and exemplary, rather than compulsory, as we hope to leave the days flexible and responsive to your needs. By the end of the programme you will have gained increased understanding in the following themes:

### Day 1: Education and Supervision

- Education principles – reflection and action learning
- Educational responsibilities – learning and teaching
- Appraisal and revalidation – how to get the most out of it
- Doctors in difficulty – how to support and manage

#### Invited Speakers:

Trust Medical Director

### Day 2: NHS Structure and Finances

- NHS structure – what is an Integrated Care System?
- NHS finances – how does money move through the NHS?
- NHS strategy – who decides what's important?
- Developing services – how can we influence change?

#### Invited Speakers:

CCG leader  
Trust Finance Director

### Day 3: Professionalism and Governance

- Professional values – what is professionalism?
- Professional practice – technical rationale or professional artistry?
- Ethical principles – what makes a good doctor?
- Complaints and litigation – why do things go wrong?

#### Invited Speakers:

GMC regional adviser  
Trust litigation expert

### Day 4: Leadership and Motivation

- Personal effectiveness – how do you manage yourself?
- Effective leadership – what makes a good leader?
- Teamworking – dealing with difficult colleagues
- Personal development – your future in 5, 10, 20 years?

#### Invited Speakers:

Management expert  
Trust Medical Director

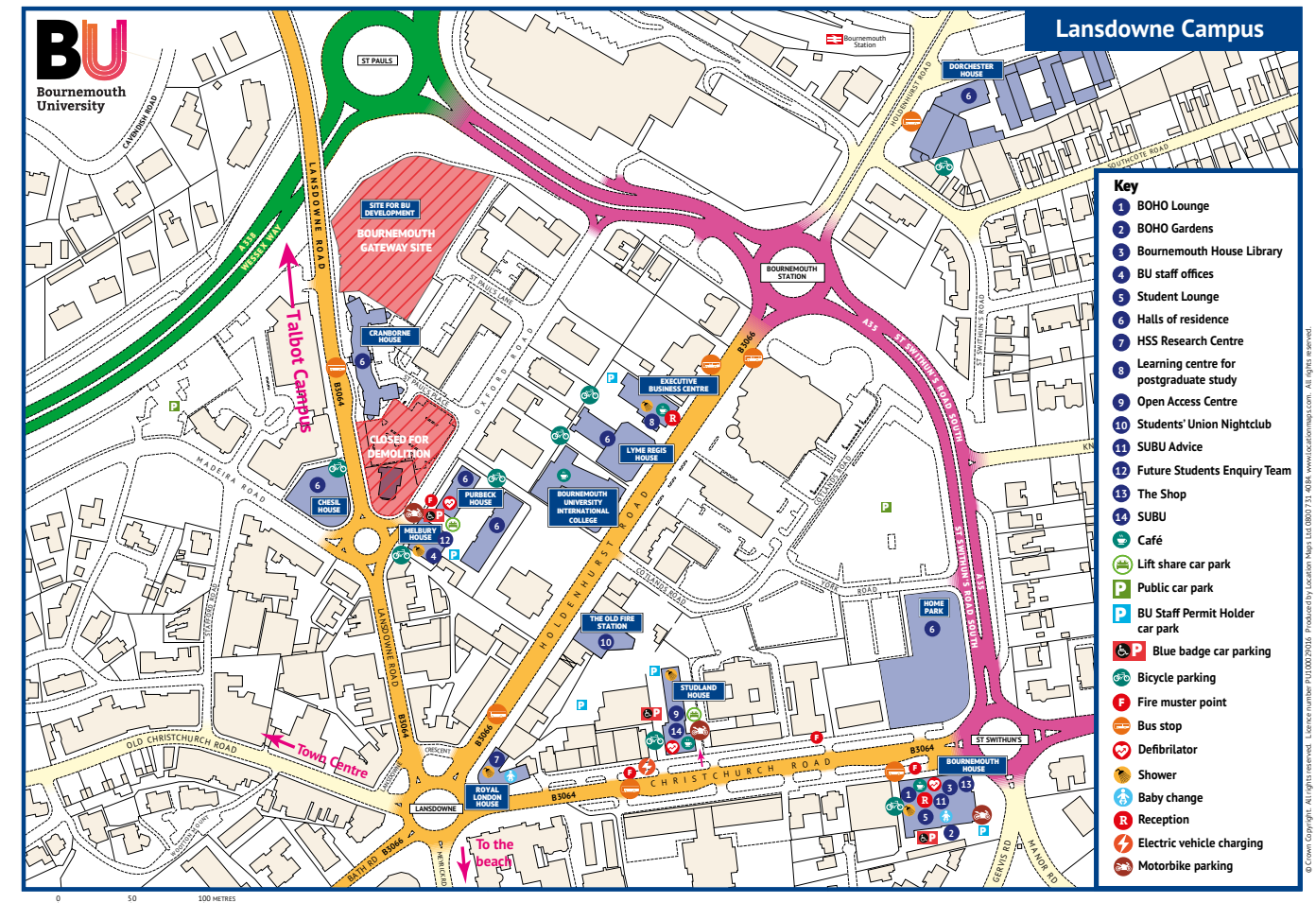
## Programme timetable

9am-4.00pm, Executive Business Centre, Lansdowne Campus

Theme	Date	Room number
1. Education and Supervision	10.10.19	EB302/303
2. NHS Structure and Finances	28.01.20	EB302/303
3. Professionalism and Governance	26.03.20	EB302/303
4. Leadership and Motivation	09.06.20	EB302/303

### Key:

EBC: Executive Business Centre

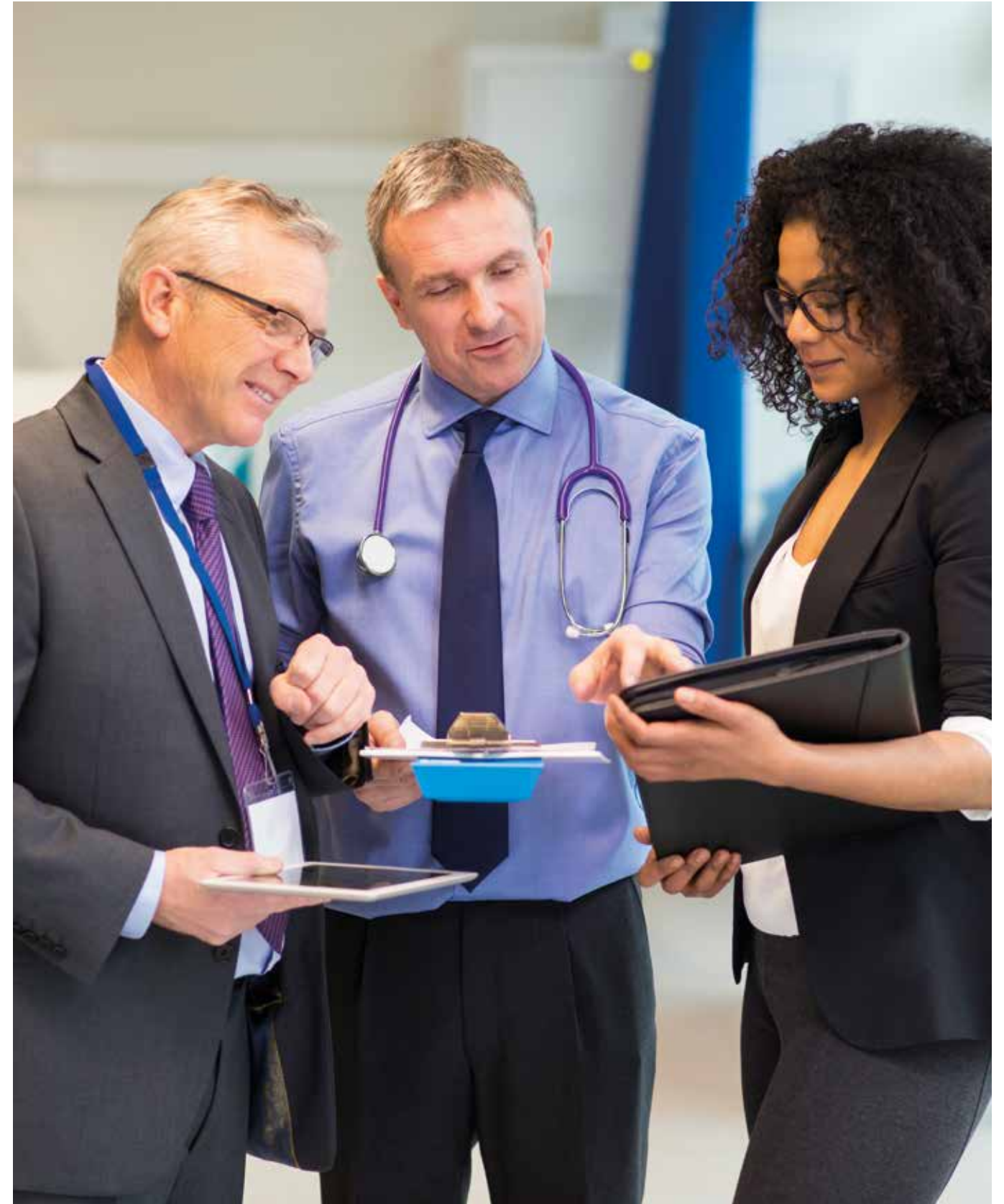


### Programme organisation

1. Sessions will take place in the **Executive Business Centre (BH8 8EB) on the Lansdowne Campus**. Please refer to the programme timetable on page 08 for room numbers and the map opposite for details of car parks, bus stops and rail links
2. If you are unable to attend please contact the Programme Manager Audrey Dixon on 01202 962782, e-mail: [adixon@bournemouth.ac.uk](mailto:adixon@bournemouth.ac.uk)
3. Whilst coffee is provided, you are expected to bring your own lunch. There are numerous sandwich bars within walking distance.
4. You will get more from the sessions if you can make time to reflect about the themes for the day before you arrive.
5. Take advantage of the opportunities to network with colleagues and experts.
6. At the end of each day you will be provided with a Certificate of Attendance equivalent to 6 hours of CPD.
7. We appreciate your feedback and actively use this to improve the programme year on year.



## Notes and reflections



This programme is supported by Royal Bournemouth Hospital NHS Foundation Trust, Poole Hospital NHS Foundation Trust, Dorset County Hospital NHS Foundation Trust, Dorset Healthcare University NHS Foundation Trust and Dorset Clinical Commissioning Group.