



Bournemouth  
University



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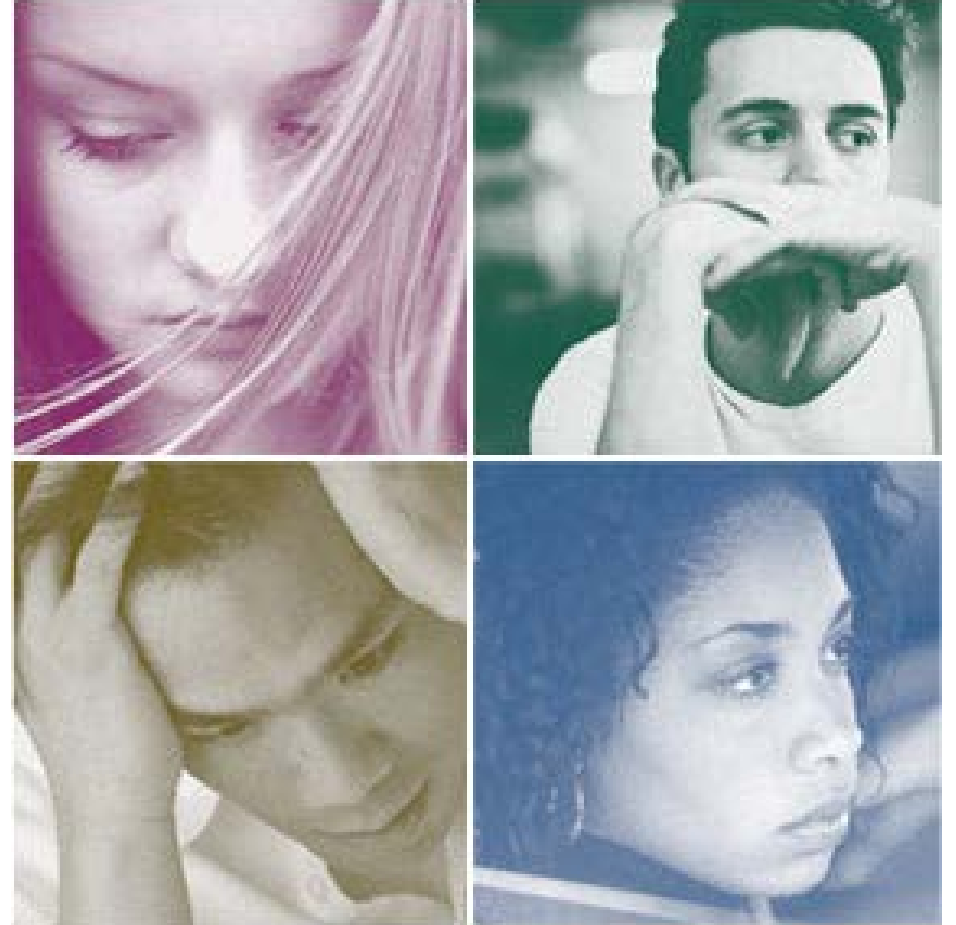
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# Department of Nursing Science

**BSc (Hons) Mental Health Nursing**  
**MSc Mental Health Nursing**

# Mental Health Nursing

- One of the most complex and demanding areas of nursing.
- As many as one in four people are thought to suffer some form of mental health problem at any one time.
- The context of mental health care is slowly changing – community and integrated care



# What Skills Do You Need?

- You will need good communication skills and the ability to empathise with people and to show warmth and that you care about them
- You will need to have good personal resilience and positive coping skills under challenging circumstances
- You will need to have a good understanding of health and wellbeing across the lifespan
- You will need to be generally in good health and of good character  
(Occupational Health clearance and Enhanced DBS checks are mandatory)
- You will need to develop good academic and study skills and be able to use best evidence in your practice

# Working as a Mental Health Nurse

- A diverse range of roles are open to you as a mental health nurse.
- You can work within the NHS or in the private sector and can be based in a hospital environment (in-patient or out-patient departments) or in a community setting.
- You might be based in a community mental health team, a day hospital, a specialist unit, a prison, a police station or a school.
- As a nurse in mental health you will work as part of a team which includes general practitioners, psychologists, social workers, psychiatrists, occupational therapists, arts therapists and healthcare assistants.

# Mental Health Nursing Framework

- **BSc (Hons) Mental Health Nursing**

- Foundation Year option
- Registered nurse degree apprenticeship (RNDA)
- Advanced standing option

- **MSc Mental Health Nursing**

## Key Units of Study

- Nursing Theory and Application
- Nursing Practice and Nursing Skills
- Applied Health Care Sciences
- Communication Skills For Nursing Practice
- Promoting Health And Well-being
- Improving Safety And Quality Of Care
- Acute And Long Term Health Challenges
- Clinical Pharmacology And Medicines Management
- Clinical Leadership and Management
- Developing A Literature Review
- Caring For People With Complex Health Care Needs
- Research for Professional Practice

# BSc (Hons) Mental Health Nursing

Three year programme

## Entry requirements for September 2022:

- 112 - 128 UCAS tariff points including a minimum of two A-levels or equivalent (e.g. BTEC Extended Diploma of DMM ) (please contact Future Students Team for further advice)
- GCSE English language or literature and Mathematics grade C/4 or above
- If English is not your first language, you'll need IELTS (Academic) 7.0 with minimum 6.5 in writing and 7.0 in all other components, or equivalent.

# BSc (Hons) Mental Health Programme – Year 1

BSc			20/09/2021	27/09/2021	04/10/2021	11/10/2021	18/10/2021	25/10/2021	01/11/2021	08/11/2021	15/11/2021	22/11/2021	29/11/2021	06/12/2021	13/12/2021	20/12/2021	27/11/2021	03/01/2022	10/01/2022	17/01/2022	24/01/2022	31/01/2022	07/02/2022	14/02/2022	21/02/2022	28/02/2022	07/03/2022	14/03/2022	21/03/2022	28/03/2022	04/04/2022	11/04/2022	18/04/2022	25/04/2022	02/05/2022	09/05/2022	16/05/2022	23/05/2022	30/05/2022	06/06/2022	13/06/2022	20/06/2022	27/06/2022	04/07/2022	11/07/2022	18/07/2022	25/07/2022	01/08/2022	08/08/2022	15/08/2022	22/08/2022	29/08/2022	05/09/2022	12/09/2022		
			12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	1	2	3	4	5	6	7	8	9	10	11		
BSc (New Curriculum)	Year 1	Welcome Week	Theory												Study Leave	Xmas Break	Study Leave	Theory		Prep For Practice	Practice										Easter Break	Practice					Theory				Practice (Locality Placement)				Theory	Holiday	Study Leave									
			Nursing Theory and Application (1)															Applied Healthcare Sciences (1)			Nursing Practice & Nursing Skills (1)												Nursing Practice (1)					Developing Skills for Promoting Health & Wellbeing					Developing Skills													
			Communication Skills for Nursing Practice						Applied Healthcare Sciences (1)																																															
			Foundations for Professional Practice and Research (Interprofessional Unit)																																																					

## Foundation Year Option

- If you do not meet the entry requirements for the three year degree programme, consider the Foundation Year option
- One-year course that will prepare you for degree-level study
- 48-72 UCAS tariff points (September 2022)
- Combination of grades and qualifications is accepted to meet the overall tariff requirement. Use the UCAS calculator to see how your qualifications equate to UCAS tariff points.
- Numeracy and Literacy requirement: No GCSE requirements. The foundation year will cover these skills in preparation for degree study.



## Foundation Year Option

- You are required to demonstrate insight into the field of study through relevant experience.
- You will need to pass an Occupational Health (OH) check and an Enhanced Disclosure and Barring Service (DBS) check.
- These checks will be undertaken during your Foundation Year. If you do not pass these checks you will be able to continue the Foundation Year but will not be able to progress onto a full degree with these requirements.
- Following successful completion of the foundation year, you can progress from the onto the full BSc (Hons) Mental Health Nursing course

# MSc Mental Health Nursing

- Already have a degree in any subject at 2:2 or above?
- Able to evidence 720 hours of direct nursing care experience?
- You could be eligible for the MSc and become a registered nurse in two-years
- It is a route to dual registration for those already on the NMC register
- The MSc will prepare you for leadership and research roles in healthcare and higher education
- Very similar year plan to BSc and some shared classes with BSc students
- Join a growing community of Post-Graduate Entry Nurses

Two year programme.

## Entry Requirements:

- Possession of a 2:2 degree or equivalent.
- A science degree (biological science, psychology or social science) is preferred but not essential.
- A minimum of 4 GCSEs (minimum grades C/ 4) including Maths and English language or literature, or appropriate Key Skills Level 2. A science subject is preferred.
- If English is not your first language, you will require IELTS (Academic) 7.0 with minimum 6.5 in writing and 7.0 in all other components, or equivalent. The NMC also accept the Occupational English Test (OET).
- Demonstrate that you have relevant experience and learning prior to entering the course via a portfolio of evidence which the template can be found here

<https://www.bournemouth.ac.uk/study/courses/msc-mental-health-nursing>

# MSc Mental Health Nursing (Portfolio)

- Your portfolio will include evidence demonstrating that you have undertaken 720 hours of direct practice experience as a nursing assistant or equivalent, and will display insight into mental health practice to show you have good skills, knowledge and understanding of the profession; ideally this will be paid experience.
- It may be possible for some applicants to gain the required experience in a voluntary capacity. Personal/family caring responsibilities will not be considered.
- Your practice experience must be within two years of commencement of the course. For example, if the course starts in September 2022, your experience should have been gained after September 2020.
- If your portfolio does not sufficiently evidence all the entry requirements, your application may be unsuccessful.

# MSc Mental Health Nursing

Year 1	Year 2
Applied Health Care Sciences	Team Working for Service Improvement
Clinical Pharmacology and Medicines Management	Making Change Through Clinical Leadership and Management
Foundations of Nursing	Critical Health Care Sciences
Meeting Acute and Long- Term Health Challenges	Advanced Therapeutic Communication and Interpersonal Skills for Nursing Practice
Making Improvements to Safety and Quality of Care	Critical Analysis of Caring for People with Complex Health Care Needs
Principles of Enquiry and Evidence Based Practice in Health and Social Care	Advanced Principles of Enquiry and Evidence Based Practice in Health and Social Care
Nursing Practice and Nursing Skills	Nursing Practice and Nursing Skills

At BU, we have a range of support services to help you develop your study skills, including:

- Support from Academic Advisors
- Access to Library Staff 24/7
- Additional Learning Needs Support
- 1:1 Tutorial Support
- Study Skills and IT Workshops
- On-line Resources and Support
- Support for Revision and Exams

## Key Features of Both Programmes

- Extended academic year (typically 45 weeks)
- Mental health cohort established from outset
- 50% theory + 50% practice
- All students based in Bournemouth for key theoretical components.
- Placement circuits in Dorset, Hampshire and Wiltshire
- Accredited by the Nursing and Midwifery Council (NMC)

## Clinical Placements (Important Points to Note)

- At interview you will be asked for a preferred locality (Trust) that you would like to work in **but please note this cannot be guaranteed.**
- It is important that you consider this before the interview
- **Once you receive your offer letter – check the locality you have been offered.**
- It is **very unlikely** that we can change your locality once you have accepted a place on the programme



# Clinical Placements (Important Points to Note)

**Clinical placements** will be in a variety of areas within either Dorset, Wiltshire and Hampshire in order to provide the necessary breadth of experience.

- This **will involve travel**, and may require you to find short-term accommodation in order to participate in placements.
- When on placement you are required to work **150 hours every 4 weeks and experience the full 24 hour shift pattern to include 12-13 hour shifts, weekends and night shifts.**
- **There is no part-time option**
- Although your term-time address and method of transport are taken into consideration when allocating your placements, there is an expectation that all students will have to **travel across large areas including some of a more rural nature to reach their placements.**

# Placement Providers

**Students spend 50% of their course in practice placements**

Dorset HealthCare **NHS**  
University NHS Foundation Trust

Avon and Wiltshire **NHS**  
Mental Health Partnership NHS Trust

Southern Health **NHS**  
NHS Foundation Trust



# Things to Consider

- Have I considered my finances and funding that I may be entitled to?
- Have I considered my current mental/ physical health?
- Might I have to work to support my studies? If so, where? For how long?
- Where should I base myself? Which locality?
- What support might I need on the course?
- How might I access this? Who might be able to help me?
- How can I build social networks?
- How can I maintain a good work/life balance?



## Bournemouth Gateway Building







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Please note: The detail, dates and additional fees stated are correct at the time of presentation (October 2021). The latest information can be found at [www.bournemouth.ac.uk/courses](http://www.bournemouth.ac.uk/courses)



**Questions? We've got answers.**  
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