



**Bournemouth
University**



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BSc (Hons) / MSc Mental Health Nursing

2020 entry

Why Mental Health Nursing at BU?

- National Student Survey Scores*:
 - 90% overall satisfaction
 - 98% said they think our staff are good at explaining things
- All lecturers are educated to PhD Level or currently undertaking Doctoral Studies (one of the highest rates in the country) and are research active
- High rates of publication
- New Bournemouth Gateway Building opening in 2019/2020

**All statistics shown are taken from Unistats, Destination of Leavers from Higher Education (DLHE), BU institutional data and Ipsos MORI (National Student Survey) unless otherwise stated. There was insufficient data to publish information specifically for this course. This is either because the course size is small or respondent numbers were low. Therefore, the data displayed is from across the last two years.*

- One of the most complex and demanding areas of nursing.
- As many as one in four people are thought to suffer some form of mental health problem at any one time.
- The range of conditions is vast.
- The context of mental health care is slowly changing.



Mental Health Nursing: Key roles

The key role and challenge is to form therapeutic relationships with people with mental health problems and their families.

Most people are cared for not in hospital, but in the community.



Five key themes:

- Recovery and wellbeing
- Mental health nursing skills
- Physical care
- Policy, management and leadership
- Study skills, research awareness and evidence based practice



We offer the **BSc (Hons)** or **MSc** in Mental Health Nursing – both leading to professional registration with the NMC.

What skills do you need?

- Your main tool as a mental health nurse will be the strength **of your own personality and communication skills.**
- You will need to **empathise** with the people you are dealing with and show warmth and care about them.
- Dealing with the human mind and behaviour is not an exact science.
- The job of helping people back to mental health is every bit as valuable and satisfying as caring for those with a physical illness.

Entry requirements:

- 104 - 120 tariff points including a minimum of 2 A levels or equivalent or BTEC Extended Diploma of DMM
- GCSE English language or literature and Mathematics grade C/4 or above
- If English is not your first language, you'll need IELTS (Academic) 7.0 with minimum 6.5 in writing and 7.0 in all other components, or equivalent.

BSc (Hons) in Mental Health Nursing

Year 1	Year 2	Year 3
Foundations for professional practice and research	Research for Professional Practice	Team Working for Service Improvement
Nursing Theory and Application 1	Improving safety and quality of care	Clinical Leadership and Management
Applied Health care Sciences 1	Nursing Theory and application 2	Applied Health Care Sciences 3
Communication skills for Nursing Practice	Applied Health Care Sciences 2	Developing a Literature Review
Developing skills for promoting health and wellbeing	Acute and long term health challenges	Therapeutic Communications and Interpersonal skills for nursing practice
Nursing Practice and Nursing skills 1	Clinical Pharmacology and Medicines Management	Caring for People with Complex Health Care Needs
	Nursing Practice and Nursing Skills 2	Nursing practice and nursing skills 3

Key features

- Three year programme
- Extended academic year (typically 45 weeks)
- Mental health cohort established from outset
- 50% theory; 50% practice
- All students based in Bournemouth for theoretical components
- Several placement circuits in Dorset, Hampshire, Wiltshire and Somerset
- Accredited by the Nursing and Midwifery Council (NMC)



- Two year programme
- Accredited by the Nursing and Midwifery Council (NMC)
- **Entry Requirements:**
 - Possession of a 2:2 degree or equivalent. A science degree (biological science, psychology or social science) is preferred but not essential.
 - A minimum of 4 GCSEs (minimum grades C/ 4) including Maths and English language or literature, or appropriate Key Skills Level 2. A science subject is preferred.
 - If English is not your first language, you'll need IELTS (Academic) 7.0 with minimum 6.5 in writing and 7.0 in all other components, or equivalent.
 - Demonstrate that you have relevant experience and learning prior to entering the course via a portfolio of evidence. A template for this portfolio will be sent to you once you've been interviewed for the course.

MSc Adult or Mental Health Nursing

- Already have a degree in any subject at 2:2 or above?
- Able to evidence 720 hours of care experience?
- You could be eligible for the MSc and become a registered nurse in two-years
- It is a route to dual registration for those already on the NMC register

- The MSc will prepare you for leadership and research roles in healthcare and higher education
- Very similar year plan to BSc and some shared classes with BSc students
- Join a growing community of Graduate Entry Nurses

MSc in Adult or Mental Health Nursing

Year 1	Year 2
Applied Health Care Sciences 2 (L5)	Team Working for Service Improvement (L6)
Clinical Pharmacology and Medicines Management (L5)	Making Change Through Clinical Leadership and Management (L7)
Foundations of Nursing (L7)	Critical Health Care Sciences (L7)
Meeting Acute and Long -term Health Challenges (L7)	Advanced Therapeutic Communication and Interpersonal Skills for Nursing Practice (L7)
Making Improvements to Safety and Quality of Care (L7)	Critical Analysis of Caring for People with Complex Health Care Needs (L7)
Principles of Enquiry and Evidence Based Practice in Health and Social Care (L7)	Advanced Principles of Enquiry and Evidence Based Practice in Health and Social Care (L7)
Nursing Practice and Nursing Skills 2 (L5)	Nursing Practice and Nursing Skills 3 (L6)

Year 1 Programme Plan

	17/09/2018	24/09/2018	01/10/2018	08/10/2018	15/10/2018	22/10/2018	29/10/2018	05/11/2018	12/11/2018	19/11/2018	26/11/2018	03/12/2018	10/12/2018	17/12/2018	24/12/2018	31/12/2018	07/01/2019	14/01/2019	21/01/2019	28/01/2019	04/02/2019	11/02/2019	18/02/2019	25/02/2019	04/03/2019	11/03/2019	18/03/2019	25/03/2019	01/04/2019	08/04/2019	15/04/2019	22/04/2019	29/04/2019	06/05/2019	13/05/2019	20/05/2019	27/05/2019	03/06/2019	10/06/2019	17/06/2019	24/06/2019	01/07/2019	08/07/2019	15/07/2019	22/07/2019	29/07/2019	05/08/2019	12/08/2019	19/08/2019	26/08/2019	02/09/2019	09/09/2019
	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	1	2	3	4	5	6	7	8	9	10
Induction				Theory 1.1					Trust Induction	Study Leave	Holiday		Practice 1.1										Holiday		Theory 1.2				Practice 2			Study Leave			Holiday																	
	Anatomy and Physiology During the Lifespan								Identifying Knowledge for Practice (IKP)										MH, Wellbeing & Humanised Care Later Life				Identifying Knowledge for Practice (IKP)																													
	Fundamental Comm Skills				Pers & Prof Dev (PPD) Becoming a Professional (PGDip)																																															
								Origins and Expressions																																												
								Identifying Knowledge for Practice (IKP)																																												

- A diverse range of roles are open to you as a mental health nurse. You can work within the NHS or in the private sector and can be based in a hospital environment or community setting.
- 97% of students in work/further study six months after graduation*

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Study support

- At BU, we have a range of support services to help you develop your study skills, including:
 - Support from Academic Advisors
 - Access to Library Staff 24/7
 - Additional Learning Needs Support
 - 1:1 Tutorial Support
 - Study Skills and IT Workshops
 - On-line Resources and Support
 - Support for Revision and Exams

Things to consider

- Have I considered my finances?
- Might I have to work to support my studies? If so, where? For how long?
- Where should I base myself?
- What support might I need on the course?
- How might I access this?
- Who might be able to help me?
- How can I build social networks?
- How can I maintain a good work/life balance?

Working as a Mental Health Nurse

- You might be based in a community mental health team, a day hospital, an outpatients department, an in-patient unit, or a specialist unit.
- You will need to have a good understanding of mental health and illness across the lifespan.
- As a nurse in mental health you will work as part of a team which includes general practitioners, psychologists, social workers, psychiatrists, occupational therapists, arts therapists and healthcare assistants.

Your clinical placements

- **Theoretical learning** will predominantly be based at our Lansdowne Campus (though Talbot campus is also utilised).
- **Clinical placements** will be in a variety of areas within Dorset, Somerset, Wiltshire and Hampshire in order to provide the necessary breadth of experience.
 - This will involve some travel, and may require you to find short-term accommodation in order to participate in placements.
 - When on placement you're required to work 150 hours every 4 weeks and experience the full 24 hour shift pattern to include 12-13 hour shifts, weekends and night shifts.
 - Although your term-time address and method of transport are taken into consideration when allocating your placements there is an expectation that all students will have to travel across large areas including some of a more rural nature to reach their placements.

Partner providers

Students spend 50% of their course in practice placements.

Four partner providers:

- Dorset Healthcare University NHS Foundation Trust
- Avon & Wiltshire Mental Health Partnership NHS Trust
- Southern Health NHS Foundation Trust
- Somerset Partnership NHS Foundation Trust

If you apply and are offered an interview, the panel will discuss with you your preferred choice of placement provider – but please note this cannot be guaranteed.



Practice placements



New home for Faculty of Health & Social Sciences

Bournemouth Gateway Building
Open in September 2020





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Things to remember

Once you've applied...

Register for your accommodation guarantee.

January

UCAS applications deadline

From March

Apply for your accommodation when your place is Unconditional Firm.

May

- **Apply for student funding by 31 May**
- **Explore range of Scholarships & Bursaries**
- **Make your university choice**

September

- **Get ready to start uni!**

Contact us

+44 (0)1202 961916

futurestudents@bournemouth.ac.uk

The university has consulted the latest available information in the production of this presentation for delivery in **Autumn 2019**, but cannot be held liable for its accuracy.

The latest information can be found at www.ucas.com