

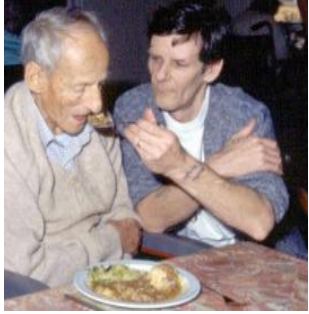


# Course name: BSc (Hons) Nutrition

**Presenter: Dr Swrajit Sarkar**

**Department of Rehabilitation & Sport Sciences**

# Key areas of study



- **Nutrition throughout the life cycle**
  - growth, ageing,
  - pregnancy & lactation
- **Public Health Nutrition**
  - under-nutrition
  - over-nutrition
- **Food safety & product development**
  - Food microbiology
  - Food processing

# Course content

- Stimulate **critical thinking** skills
- Develop an understanding of the **scientific & behavioural aspects** of human nutrition
- Develop **writing & presentation skills**
- **Research Techniques**
- Fundamental **transferrable workplace skills**
- **Placement**

	Semester 1	Semester 2
Year 1	<ul style="list-style-type: none"> <li>▪ Principles of Food and Nutrition</li> <li>▪ Chemistry</li> <li>▪ Beginning research</li> </ul>	<ul style="list-style-type: none"> <li>▪ Human Anatomy and Physiology</li> <li>▪ Professional Values in the food chain</li> <li>▪ Foundation Psychology in Understanding Human Behaviour</li> </ul>
Year 2	<ul style="list-style-type: none"> <li>• Nutrition in Health and Disease</li> <li>• Food Safety and Microbiology</li> <li>• Biochemistry</li> </ul>	<ul style="list-style-type: none"> <li>• Conducting Research</li> <li>• Promoting Health and Wellbeing</li> <li>• Food Processing and Product Development</li> </ul>
Year 3	<ul style="list-style-type: none"> <li>○ 20-day Placement</li> <li>○ Nutritional Requirements Throughout Life</li> <li>○ Advanced Psychology for Health and Wellbeing</li> </ul>	<ul style="list-style-type: none"> <li>○ Advances in Applied Nutrition</li> </ul>
	➤ Research Project	

# Why study at BU?



- 95% overall student satisfaction rating\*
- Work based placements – strong career focus
- Dedicated core team
- Excellent learning facilities inc. new labs
- Peer assisted learning programme
- Course accreditation - AfN



*\*All statistics shown are taken from Unistats, Destination of Leavers from Higher Education (DLHE), BU institutional data and Ipsos MORI (National Student Survey) unless otherwise stated.*

Please see [www.bournemouth.ac.uk/courses](http://www.bournemouth.ac.uk/courses) for the latest information about this course.

# Career prospects

**90% of our students are in working or in further study within 6 months\***



- **Public health/health promotion** (primary care, local government, charities, consumer groups) e.g. MEND
- **Industry** (Health & Recreation, Research, regulatory affairs, sales, new product development eg. food and nutrition companies (Nutricia UK)
- **Government/Policy** (National/International, e.g. Food Standards Agency
- **Public relations/freelance nutrition consultancy**
- **Academia** – research/lecturing e.g. MSc, PhD
- **Activity and health** – leisure industry e.g. BH Live
- **Public interest groups** – Voluntary groups/charities/consumer groups concerned with nutrition
- **Work overseas** e.g. emergency relief & voluntary organisations (VSO)

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**Bournemouth  
University**



Please note: The detail, dates and additional fees stated are correct at the time of presentation (October 2021). The latest information can be found at [www.bournemouth.ac.uk/courses](http://www.bournemouth.ac.uk/courses).

**Questions? We've got answers.**  
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