# Bournemouth Students' Little Green Guide







## Recycling on campus



You can place most items into the recycling bins on campus:

- Paper and card
  - Food packaging
- Plastic bottles Plastic film

Crisp packets

Foil

- Coffee cups

- Glass bottles
- Drinks cans

Food and liquid such as leftover food and teabags should be placed in the food waste recycling facilities in catered areas and the student centre. Food waste is converted into fertiliser and energy.

Batteries should be placed in the battery boxes around the campuses. There is one in the Student Centre by Reception. In your halls, find out how to use the facilities to recycle correctly – reception staff will be able to help you.

We currently recycle approximately 58% of our waste but we're always looking for ways to improve this. You can help us by making sure you recycle as much as possible.

# **Footprint**



A carbon footprint is the amount of carbon dioxide released into the atmosphere as a result of the activities of a particular individual, organisation, or community. Carbon dioxide released into the atmosphere is causing climate change.

You can help reduce your carbon footprint by making sure you:

- Switch off lights when you leave the room
- Switch off computer monitors
- Shut the windows if the heating is on
- O Cook with lids on pans
- Put on a jumper rather than the heating

Doing these things will also help you to save money on bills when you move out of University accommodation and into privately rented property. Try to get into good habits now!

#### **Bus & Rail**



The official University bus service. UNIBUS, provides an easy convenient and affordable way to get to both campuses.

Public transport also reduces your carbon footprint compared to driving a car.

The U1 runs every 10 minutes during term time, providing a fast, direct link between the halls at Lansdowne and Talbot Campus. Services also run to Talbot Campus from central Poole, Southbourne, Boscombe and Westbourne.

Timetables are available at www.unibuses.co.uk

Your UNIBUS Key card not only saves you money, but it gives you access to the whole of the More Bus network in Zone A, including Bournemouth and Poole town centres.

The route 17 will provide access for UNIBUS Key card holders to Talbot Campus 7 days a week from central Bournemouth, the Lansdowne, Winton and central Poole.

If you travel by train frequently, you can get 1/3 off your fare by signing up for a 16-25 railcard.

#### Active **Travel**



It's a great way to stay fit, get some fresh air and save money.

There are plenty of active travel facilities on both campuses including secure bike compounds which you can access by validating your student card at BU Reception or AUB Reception.

Subsidised gold standard D-locks are available at the SUBU shop on Talbot Campus.

There are also daily use lockers, showers and changing facilities available on both campuses, just ask at Reception in Poole House, SUBU or AUB.

There are regular free bike servicing and security tagging services available at both campuses.

Join the BU Bicycle User Group (BUBUG) to receive regular updates on cycling events, promotions and news - email BUBUG@bournemouth.ac.uk to sign up.

For more information visit:

www.bournemouth.ac.uk/students/services campus/cycling

#### **Fairtrade**

get better prices, decent working conditions and fair terms of trade.

communities by protecting their environment

By choosing to buy Fairtrade products, you are helping have a better standard of living.

stocking and promoting the sale of FairTrade goods

You can find out more information on the Fairtrade Foundation website:

www.fairtrade.org.uk

#### Food

A big part of our impact of the environment is down to the food choices we make.



You can help reduce your impact by doing the following:

- Eat less meat, dairy and eggs
- Eat locally produced food as much as possible
- Avoid air freighted foods
- Eat more organic foods
- Only buy what you need and make use of leftovers
- Keep hydrated fill your reusable water bottles at free water fountains around BU

Keep an eye out for the Farmers Markets on Talbot Campus for a chance to pick up some local food

We need to conserve our precious water and also saving water helps save you money!



#### Try the following tips:

- Make sure you turn off taps fully and don't leave them running when washing dishes or brushing your teeth – this can save 6 litres per minute!
- Take shorter showers they use anything between 6 and 45 litres per minute.
- Only fill the kettle with as much water as you need - this saves energy, water and money.
- Report any dripping taps to get them fixed - this will save around 15 litres a day.



### **Green Impact**



Green Impact challenges staff to make their workplaces

Contact the BU Sustainability Team for more information on how to get involved!

sustainability@bournemouth.ac.uk



#### SUBU Green Task Force & **BU** Sustainability Team

Want to get involved in environmental volunteering and campaigning on campus? SUBU Green Taskforce are a student leadership team, who want to hear from you!

Drop by the Student Centre and chat to the Green and Volunteering team or like the Green Taskforce page on Facebook

www.facebook.com/SUBUGreenTaskforce

You can also contact the Green Taskforce for more information:

subugreentaskforce@bournemouth.ac.uk

For general sustainability questions email:

sustainability@bournemouth.ac.uk



