



**Bournemouth
University**

Student Services

Going to university is a great experience, but there can be difficult times, which is why our support services are on hand to promote wellbeing for all our students.

We want all of you to enjoy your BU experience and to stay healthy and happy, but if it's your first time living away from home, university can take some getting used to. If you're struggling with aspects of your studies or personal life, you may need someone to talk to or somewhere to find advice.

Whatever your needs we have a range of services to help, including the following:



Additional Learning Support

We support students who have disabilities such as mobility, visual or hearing impairments as well as Specific Learning Differences such as Dyslexia or Dyspraxia. We also support students with medical conditions such as ME or Epilepsy. If you have had adjustments for a disability or condition before, please register with us or come and talk through any conditions which impact on your ability to study.



Finance & Support

Get off to a good start and organise your finances early. Then you can concentrate on your studies, meeting new people and enjoying life at BU. It isn't as scary as it sounds and we have plenty of resources to help you. We offer a range of financial support but also strongly recommend that you visit SUBU's money advice webpage for general budgeting tips and advice on how to make your funds go further.



AskBU

Your first point of contact when looking for advice and information. AskBU can help with practical things such as letters confirming your student status, replacement ID cards, the location of your next lecture, information about finance, immigration, mitigating circumstances and complaints. AskBU is available via phone and email and offers a friendly drop-in service on both campuses with interview rooms.



Medical Centre

Whatever your medical needs, the Student Medical Centre at BU offers a full range of medical services. Based at Talbot House, the Medical Centre is open to all students and daily appointments are available from 8.45am-5.00pm Monday to Friday (term-time only). All registered patients have a named GP and online prescriptions and medical records access.



Careers & Employability

We help equip you with the tools and knowledge you need from your first day at BU. Find out about our events on campus, meet employers and gain those essential transferable skills. If you're confused about the recruitment process or need helping finding a part-time job, and need tips about your applications and interview preparation, BU's experienced and friendly Careers & Employability team provide space to discuss your options, offering impartial advice and guidance.



Student Support & Engagement

We support students by being the first point of contact in faculty for any transition or wellbeing concerns. The team understand the pressures of moving to a new place, meeting new people and learning how to balance your social life and studies. We also know that it's not unusual for new students to have trouble coping with it all and can signpost you to the wide variety of support available.



Faith & Reflection

Faith & Reflection offers a supportive and welcoming environment for students whether they have a faith or not, as well as guidance and support throughout your studies. It offers an open-door policy and provides space for reflection and prayer on Talbot Campus – including an Islamic prayer room with wash facilities, and a kosher kitchen. The team also organises social events so it's a great place to meet new people.



Student Wellbeing

Our Student Wellbeing service is provided in partnership with our local NHS Foundation Trust, offering free support aimed at boosting your resilience, improving your wellbeing and managing your mental health. Services include drop-in sessions, group and individual wellbeing and counselling.

Contact details

Additional Learning Support

Telephone: +44 (0)1202 965663

Email: als@bournemouth.ac.uk

www.bournemouth.ac.uk/als

AskBU

Telephone: +44 (0)1202 969696

Email: askBU@bournemouth.ac.uk

www.bournemouth.ac.uk/askBU

Careers & Employability

Telephone: +44 (0)1202 961663

Email: careers@bournemouth.ac.uk

www.bournemouth.ac.uk/careers

Faith & Reflection

Telephone: +44 (0)1202 965383

Email: chaplaincy@bournemouth.ac.uk

www.bournemouth.ac.uk/chaplaincy

Medical Centre

During term-time

Telephone: +44 (0)1202 965378

Outside term-time

Telephone: +44 (0)8444 772416

www.bournemouth.ac.uk/medical

#belongatbu



www.bournemouth.ac.uk/belongatbu

Sexual Health Dorset

www.sexualhealthdorset.org

Student Wellbeing

Telephone: +44 (0)1202 965020

Email: studentwellbeing@bournemouth.ac.uk

www.bournemouth.ac.uk/student/wellbeing

SUBU Advice

Telephone: +44 (0)1202 965779

Email: subuadvice@bournemouth.ac.uk

www.subu.org.uk/advice

Student Finance

For any queries about student finance visit

www.bournemouth.ac.uk/student/finance

Student Support & Engagement

Email: sset@bournemouth.ac.uk

[www.bournemouth.ac.uk/students/health-wellbeing/
student-support-engagement-team](http://www.bournemouth.ac.uk/students/health-wellbeing/student-support-engagement-team)