



Bournemouth University

What happens if someone in your social bubble gets symptoms?

Day	Person 1	Person 2	Person 3	Person 4
1	Gets symptoms triggering 10-day isolation for themselves and 10 days for anyone else in their social bubble whether they have symptoms or not	Start self-isolating	Start self-isolating	Start self-isolating
2		Gets symptoms and starts 10-day isolation	No symptoms, isolation ends	Gets symptoms and starts 10-day isolation
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20	Anyone with symptoms should keep 2 metres distance away from others and isolate			
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People may be able to pass on Covid-19 without showing any symptoms.

Source: Public Health England